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Abstract Book

13th Global Webinar on Traditional and Integrative Medicine November 13-14, 2024

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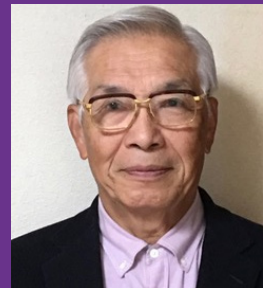
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Dr. Steve John Chiola

*Holos Academy
Switzerland*

Is there room for aromatherapy in the oncological world?

Essential oils and cancer treatment have gained significant attention for their potential to work together in supporting the overall well-being of patients. These natural plant extracts offer a complementary approach to conventional cancer therapies, addressing various side effects and improving the quality of life for those undergoing treatment. Many cancer patients turn to aromatherapy as a means to manage symptoms such as anxiety, depression, and discomfort that often accompany chemotherapy and other cancer treatments.

This presentation explores the science behind essential oils and their role in cancer care, examining how these oils can help manage treatment side effects, presents specific blends that are beneficial for cancer support, and discusses practical ways to incorporate aromatherapy into a comprehensive cancer care plan. By understanding the benefits and proper use of essential oils, patients and caregivers can make informed decisions about integrating these natural remedies with traditional cancer treatments, enhancing their overall treatment experience.

Essential oils have not only shown significant promise in supporting cancer patients throughout their treatment journey but also have the potential to alleviate various side effects, boost mood, and enhance overall well-being, which can greatly influence the quality of life for many individuals battling cancer. In recent research we shall see how essential oils are emerging in the field of integrative and complementary therapies in the fight against cancer.

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Biography:

Born and raised in the United States, after studying Medicine at the University of Genoa, I specialized in he graduated from Medicine & Health Sciences Founder, Educational Director and Professor of Holos Academy – Educational & Training Center (Switzerland) and President of the Swiss Clinical Aromatherapy Association (Switzerland) Consultant in Clinical Aromatherapy and Emotional Aromatherapy for the Geriatric Center of the Luganese Hospital of Moncucco - Dr. Pio Eugenio Fontana and Geriatric Center at Felix Platter Hospital - Prof. Reto Kressig I worked as an assistant at Peking University during his specialization in Traditional Chinese Medicine and as an Associate Professor at the University of Siena where he taught Medical Informatics, Naturopathic Phlebotomy and Vodder Technique.

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Dr. Kevin KF Ng

*Former Associate of Medicine, Division of Clinical
Pharmacology, University of Miami, USA*

The role of essential fatty acids in health and disease

Essential fatty acids (EFAs), including omega-3 and omega-6 fatty acids, are crucial components of our diet, as the body cannot synthesize them. They play vital roles in cellular structure, energy production, and the synthesis of eicosanoids, which regulate inflammation and immunity. Omega-3 fatty acids, such as ALA, EPA, and DHA, are found in flaxseeds, walnuts, and fatty fish. They offer numerous health benefits, including cardiovascular protection by reducing triglycerides and blood pressure, anti-inflammatory effects, and support for brain health and cognitive function. Omega-6 fatty acids, primarily LA found in vegetable oils, are essential for skin health, growth, development, and immune function. A high ratio of omega-6 to omega-3, such as 20:1, is linked to obesity, hypertension, cardiovascular disease, and cancer. An optimal ratio of 4:1 reduces the risk of cardiovascular diseases, helps manage inflammatory conditions, supports mental health, and prevents cancer progression. Additionally, they can improve insulin sensitivity, reducing the risk of type 2 diabetes and metabolic syndrome. To optimize health, it is important to incorporate EFA-rich foods such as fish, flaxseeds, and vegetable oils into the diet while ensuring a balanced intake of omega-6 and omega-3 fatty acids.

Biography:

Dr. Kevin KF Ng, a distinguished pharmacologist, made groundbreaking contributions to the field, including discovering the adrenergic neuron-blocking action of emetine and the angiotensin-converting enzyme (ACE) in the lung. He collaborated with Nobel Laureate Sir John R. Vane and developed an ACE inhibitor from snake venom. After a successful academic career, including over 150 clinical trials, Dr. Ng shifted his focus to "Food as Medicine," emphasizing phytochemicals and boswellic acids to complement traditional pain management.

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Dr. Robert Kempenich

President of AREMA

France

Anthroposophic Medicine, pioneer in integrative medicine, originally from Europe

Anthroposophic medicine is an integrative, multi-professional medical system founded by Rudolf Steiner and Dr Ita Wegman in Europe in 1920 and now widely used throughout the world.

Anthroposophic medicine proposes an extension of the art of healing. It expands conventional medicine with a holistic vision of the human being and nature, of disease and treatment, based on scientific investigation of the supra-sensible aspects of the human being and nature.

In addition to specific medicine/drug therapies, it also offers non-drug treatments (biographical work and psychotherapy, art therapy, eurythmy, etc.) which involve the active participation of the patient.

Anthroposophic medicine is based on extensive preclinical and clinical research.

Biography:

Robert Kempenich is a medical doctor (Université de Strasbourg, France), holder of a university degree in cancerology (Université Paris13), a university certificate in HIV infection (Université Strasbourg), a diploma from the French School of Homeopathy. He was trained in anthroposophical medicine at the Arlesheim Klinik in Schwitzland. He is president of AREMA (Association pour la Recherche et l'Enseignement en Médecine Anthroposophique, Paris-Strasbourg.) and has been teaching anthroposophic medicine to doctors for around thirty years. He is board member of the GETCOP (Groupe d'Evaluation des Thérapie Complémentaires Personnalisées, France) He was a member of the advisory board of the pan-european study CAMbrella, president of the ECPM (European Council of Doctors for Plurality in Medicine), board member of the IVAA (International Federation of Anthroposophic Medical Association).

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Dr. Folker Meissner

*Clinic for Holistic Medicine, German Academy for Energy
Medicine and Bioenergetics, Germany*

Healing means changing your identity from “patient” to “happy person”

There are two different ways of being ill. The first way is e. g., when we break a bone and need to undergo surgery, immobilization, training and rehabilitation. We feel handicapped rather than ill, because we know that in a few weeks' time we're going to be the same person as before.

The second way is characterized by feeling ill, not only disabled, but unable to manage life as before. This happens e. g. when you're confronted with the diagnosis of a severe illness or when you're told to be chronically ill, which generally means that you're not treatable anymore. Your plans of life disappear and your joy of life collapses, you're switching to survival mode, and you're going to choose the identity »patient«.

For a person experiencing the second way, the major challenge for healing is to let go the identity »patient« and choose the identity »happy person«. Healing is always connected with personal development, as being healed is far more than just being functional again. Dr. Folker is going to show the five steps from being a disappointed patient to being a happy person.

Biography:

Dr. Folker Meissner, MD, has been a physician for over 40 years of which he has been the owner of an outpatient clinic for holistic medicine. He used to be a teacher in acupuncture and other modalities in the realm of energy and information medicine, authored two books about self-healing, and coined Holar Medicine™ and Magic Medical Coaching. He is the founding president of the German Academy for Energy Medicine and Bioenergetics (DAEMBE) and the Minister for Health of the Global Energy Parliament (based in Kirala, India).

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Dr. Shivani Gavande

*Parul Institute of Ayurved & Research, Vadodara
India*

Oligospermia and Ayurved-A case report

With changing lifestyle and stressful pattern of work, fertile generation is suffering from male infertility. Ayurveda has given us an ideal style of living; but our modern attitude especially western attitude is making our life little miserable.

Here I want to present a case report regarding Vandhyatwa. This is a case of Oligospermia. We all know and even practice also that in case of Oligospermia Shukravardhak Chikitsa is given. But in such cases if we use Shukrashodhan Dravyas instead of using only Shukravardhak treatment, we get results much earlier.

To overcome the problems like high viscosity in semen and less sperm count and decreased motility of sperms I used Shukrashodhan MahakashayDravyani as coated in Charak Samhita.

The patient had 7years of primary infertility. Investigations had already been done by doctors of other system of medicine (modern Medicine) and the opinion by the expertise was that male infertility should be treated with priority.

With strong trust in Ayurveda, the couple turned to me without taking any medicines from other system of medicine.

After thorough examination, proper physical, mental history. And treatment based on Trividha Chikitsa (Tripod treatment) was decided as

1. DAIVAVYAPASHRAY CHIKITSA –Enchanting of Mantras were encouraged for both partners. NIYAM, MEDITATION were advised to both partners.
2. YUKTIVYAPASHRAY CHIKITSA- Shukrashodhan mahakashay tablets prepared by Rudra pharmacy were used followed by Vajikar aahar (Aphrodisiac diet).
3. SATWAVAJAY CHIKITSA- Counselling of both husband and wife with some advice

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of Vihar chikitsa was done time to time.

Semen analysis with one month interval was inspected for 3 months .At the end of 3 months, patient had normal viscosity with increased motility of sperms. Though the total sperm count didn't show significant increase in count, at the end of 5th month ,I received good news of pregnancy from patient.

In short, with changing era, youngsters are facing big problems in fertility. We can certainly make them happy with our Ayurveda.

Key words: Oligospermia, Viscosity of semen, Shukra, Ayurved, holistic medicine.

Biography:

Dr. Shivani Sanjeev Gavande is Ph.D. in Ayurveda, Masters in Kayachikitsa-Ayurveda and a Bachelor of Ayurvedic Medicine and Surgery. She has received Hari Ananta Gold Medal for her research work under Ayurvedya, New Delhi. She is the Professor of Kayachikitsa and PhD guide at Parul Institute of Ayurved and Research, Vadodara, Gujarat, India and had been faculty and examiner of Maharashtra University of Health Sciences, Nasik. She is having 21 years of clinical and academic experience. Dr.Shivani Sanjeev Gavande has been resource person in various Ayurveda workshops and seminars. Also she has shared her valuable clinical experiences and Ayurvedic concepts in various national and international conferences. She has published her research articles in peer reviewed national and international journals. She was invested Ph.D. for her work in Enhancement of quality of life in patients having cancers of female genital organs. She has been worked for teenagers since last 23 years and socially active for women empowerment and environmental awareness. She is healer and councilor of mindfulness program, satwavajaya chikitsa also volunteer of Aniruddha Academy of Disaster management.

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Dr. Gouri G. Ganpatye

*Sant Gajanan Maharaj Ayurved Medical College, Mahagon
India*

Peri-Menopausal Syndrome: Ayurvedic Management - A Case Report

Women experience significant physical and emotional changes during their reproductive years, culminating in menopause—the cessation of menstruation and reproductive capacity. The transition leading up to menopause, known as the perimenopausal period, is often marked by a range of symptoms due to fluctuating hormonal levels. In India, perimenopausal syndrome is prevalent but frequently overlooked. Conventional treatments, such as estrogen-progesterone therapy, can have side effects that discourage women from seeking help.

In contrast, Ayurvedic management focuses on holistic well-being and prevention. This case report highlights a patient treated with Arvindasava and Praval Panchamrut, two Ayurvedic formulations known for their supportive effects on women's health. The combination of these medicines resulted in significant improvement of perimenopausal symptoms, offering a natural alternative with minimal adverse effects.

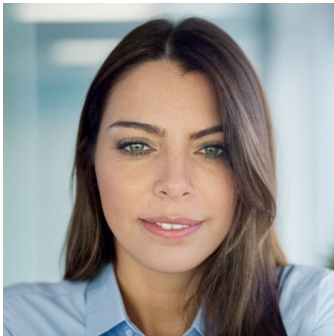
Ayurveda emphasizes individualized treatment, aiming to restore balance and enhance quality of life during this transitional phase. The positive outcomes observed in this case underscore the potential of Ayurvedic approaches in managing perimenopausal syndrome, providing relief and promoting well-being.

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Biography:

Dr. Gouri Ganpatye is an accomplished Ayurvedic physician and academic, holding a degree from Mumbai University, Maharashtra. She completed her postgraduate studies with an M.S. (Ayu) in Prasutitantra evum Stree Roga, specializing in Obstetrics and Gynecology. Currently, she serves as the Associate Professor and Head of the Department at Sant Gajanan Maharaj Ayurved Medical College in Mahagaon, Kolhapur. With 27 years of clinical experience, Dr. Ganpatye has made a significant impact in rural healthcare, conducting numerous delivery cases and treating thousands of patients with perimenopausal symptoms. Her commitment to advancing Ayurvedic medicine and women's health has not only benefited her patients but also inspired her students and colleagues. She has worked efficiently in natural calamities like Covid and was awarded by NGOs for her contribution towards society. Dr. Ganpatye continues to be a vital resource in her community, combining traditional practices with modern medical insights to enhance patient care.

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Ine-Mari Bredekamp

CIDESCO

UAE

The Nexus of Emotional Intelligence, Positive Work Environment, and Health: Insights from Research and Practical Implications

This comprehensive review investigates the multifaceted relationship between emotional intelligence (EI), positive work environments, and their collective impact on individual health and immunity, drawing insights from seminal works and empirical evidence. Woolery and Salovey's exploration highlight the intricate linkages between emotional intelligence and physical health, emphasizing emotional expression as a key component. Emotional intelligence encompasses competencies such as emotional expression, identification, analysis, understanding, and regulation, all of which play crucial roles in shaping individual responses to stressors and interpersonal dynamics. Notably, emotional intelligence facilitates appropriate emotional disclosure, which has been associated with improved mental and physical health outcomes.

In alignment with findings from Google, stress manifests in various physical signs and symptoms, ranging from difficulty breathing and panic attacks to muscle aches and changes in weight. These manifestations underscore the physiological repercussions of chronic stress, emphasizing the importance of mitigating stressors within the workplace context. A positive work environment, characterized by supportive relationships, effective communication, and recognition, serves as a buffer against stress-induced health ailments. Moreover, emotional intelligence emerges as a prerequisite for fostering such conducive work environments, as individuals with higher EI levels exhibit greater adaptability, resilience, and interpersonal skills.

Research indicates bidirectional relationships between emotional intelligence, workplace environment, and immune function. Positive emotions and social connections fostered within a supportive work environment have been linked to enhanced immune

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function and expedited recovery from illness. Conversely, chronic stress and negative workplace dynamics can compromise immune responses, exacerbating existing health conditions and predisposing individuals to infectious diseases.

In conclusion, leveraging emotional intelligence and cultivating positive work environments are pivotal strategies for promoting employee health and immunity. Employers and organizational leaders can implement targeted interventions, including EI training and culture-building initiatives, to optimize workplace well-being. Future research endeavors should focus on elucidating mechanistic pathways linking EI, work environment, and immune function, thereby facilitating the development of evidence-based interventions aimed at enhancing employee health outcomes.

Biography:

Ine-Mari Bredekamp, a 1997 graduate of the Isa Carstens Health and Skin Care Academy in South Africa, holds a CIDESCO Health and Skin Care Diploma. Her CIDESCO final paper focused on stress's impact on daily life. Married to pilot Louis Bredekamp since 2004, she witnessed firsthand the effects of sleep disruption in aviation. After the recent sudden death of her husband, Ine-Mari's curiosity spiked into the correlation between mindset and immunity. Amid the COVID pandemic, her husband was flying cargo to different parts of the world, however the horrific circumstances that they were treated in other countries, as well as severe jetlag, impacted his mental health tremendously. In a Global Webinar on Emotional Intelligence and the impact your mind has on your immunity, Ine-Mari aims to share insights that can shed the light on Emotional Intelligence in the workplace and the impact it will have on the office / employees.

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Dr. Richard GOLD

Metta Mindfulness Music
USA

The Healing Potential of 40Hz (Gamma Waves) Sound and Light

There is an emerging worldwide epidemic of cognitive decline and the more severe pathologies of dementia and Alzheimer's disease.

There are many contributing factors leading to this pathology, including genetic predisposition, sleep disorders, toxic foods and polluted environments, blood sugar imbalances and persistent stress.

The predominant pathology in the brains of those who suffer from this frightening syndrome and disease are the accumulation of amyloid plaques and tau proteins that interrupt the healthy functioning of the neurons of the brain.

Certainly, healthy lifestyle choices can help prevent or delay cognitive decline.

Pharmaceutical solutions thus far have shown only limited benefits. Additionally, the cost and potential negative side effects of the medications are cause for caution.

Recent research in the effects of Gamma wave sound and light at 40 Hz on brain health offer the most promising strategy to prevent and treat cognitive decline.

This lecture will present the emerging evidence on 40Hz sound and light therapy and provide strategies that offer the benefit of high patient compliance..

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Biography:

Dr. Richard Gold has been practicing Acupuncture and traditional Chinese medicine since 1978. He is one of the founders of the Pacific College of Health and Science, the largest accredited school of Chinese medicine in the USA. Since 2010, Dr. Gold in collaboration with world reknown composer and performer, Yuval Ron, has been the President and Executive Producer of Metta MIndfulness Music, an award winning music production company combining the inspiration of ancient wisdom traditions and modern neuroscience to create beautiful music to support mindfulness, healing and consciousness. Dr. Gold is a published author, clinician, researcher and teacher. He resides in San Deigo, California

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James Strohecker

*CEO, Co-founder, Health World Online
USA*

High-Level Wellness & Integrated Whole Person Wellbeing: The Missing Element in the Modern Healthcare Model

The World Health Organization's historic definition of health in 1948 was a key inspiration of the wellness concept. It also foreshadowed the resistance of modern healthcare to move beyond a limited, disease-model focus. The original concept of High-Level Wellness (Halbert Dunn, MD, PhD, 1961) can now be seen as a missing complement to healthcare's focus on the disease model and levels of illness. The next major evolution of the wellness concept are three key theories of wellness pioneer John W. Travis, MD, MPH, the Illness-Wellness Continuum, the Iceberg Model of Health and Wellness Energy System, his whole person model. The latter can be likened to a "Human Operating System" of 12 fundamental life processes. Four of the 12 life-processes mirror the foundations of the 4 pillars of mindfulness: awareness of Breath, Sensation, Feeling and Thought. The intrinsic interrelatedness of the 12 life processes can enable a client to experience multiple positive benefits (in various life processes) from a single self-care practice. This phenomenon is referred to as the "Holographic Growth Process" and can contribute to improving client self-efficacy and the development and strengthening of a "wellness mindset." Dr. Travis created the first wellness center in the US in California in 1975, and developed the Wellness Inventory, the original wellness assessment, based on his whole person model of 12 life processes. The assessment was used as a whole person intake in a 1-on-1 facilitation process with his clients. His facilitation process was a forerunner of modern wellness coaching. Today health & wellness coaching is in the early process of integration into healthcare as well as in health insurance provided wellness programs but is typically delivered within a disease management framework. Results will be shared of two hospital pilots funded by insurance companies using a series of workshops on the 12 life processes with one with school staff and one with community and staff participants.

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Biography:

An e-health and e-wellness pioneer, author, speaker, educator, and wellness visionary, James has focused on bringing fundamental health and wellness principles from the world's great healing and spiritual traditions into mainstream cultural awareness for over 40 years. As founding Vice-President of Future Medicine Publishing, he served as Executive Editor and project director of the classic and influential book, *Alternative Medicine: The Definitive Guide* (1993), which included contributions from 380 leading alternative health professionals worldwide. He is co-author of five books, including *Natural Healing for Depression: Solutions from the World's Great Health Traditions and Practitioners*. Co-founder of Health World Online, he is co-creator of the world's first major online network for alternative health and wellness (HealthWorld, 1996). He is cocreator of the Wellness Inventory, an online whole person wellbeing program, and the Wellness Inventory Certification Training, one of the original wellness coach programs (2006) which has trained professionals from over 35 countries. Jim received the Circle of Leadership Award from the National Wellness Institute for outstanding contributions to the field of wellness.

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Wei Ling Huang

*Medical Acupuncture and Pain Management Clinic
Brazil*

How Can We Lower Blood Glucose by Reducing Insulin Use in Type 1 And 2 Diabetes?

Insulin is the medication used for the treatment of patients with diabetes mellitus. According to American Diabetes Association, 10,5% of US population have diabetes, 90-95% are diabetes type 2, 5-10% are diabetes type 1 and 1-2% have maturity-onset of young diabetes. According to traditional Chinese medicine, diabetes is formed when there is Yin deficiency and Heat retention. Purpose of this study is to demonstrate that patients with diabetes that are using insulin, can reduce glycemia reducing the use of insulin when treating the internal massive organs (Liver, Heart, Spleen, Lungs and Kidney) lack of energy and the treatment of this condition rebalancing the internal energy of Yin, Yang, Qi and Blood and taking out the Heat using Chinese dietary counseling, auricular acupuncture with apex ear bloodletting and systemic acupuncture and replenishing the internal massive organs energy using highly diluted medications according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine. Methods: three cases report of diabetes type 1 (one patient) and diabetes type 2 (two patients). They were using insulin to control glycemia and all of them were having glycemia more than 500 mg/dl. After receiving orientations of Chinese dietary counseling, to avoid foods that could increase the Yin energy deficiency and could cause more Heat retention, and receiving acupuncture and auricular acupuncture with apex ear bloodletting and systemic acupuncture, and also, receiving highly diluted medications according to the theory Constitutional Homeopathy of the Five Elements Based on Traditional Chinese Medicine and crystal-based medications (after measuring the energy of the five internal massive organs that revealed that all organs were in the lowest level of energy, rated one out of eight). Results: the glycemia of all patients reduced dramatically to less than 150mg/dl and it was orientated to reduce the insulin use to prevent the hypoglycemia. Conclusion: the conclusion of this study is that we can reduce hyper-

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glycemia of diabetes patients using insulin orientating the patients the dietary aspects to balance the Yin and Yang energy and taking out the Heat. The use of Chinese medicine's tools using auricular acupuncture with apex ear bloodletting and systemic acupuncture and replenishing the internal massive organs energy using highly diluted medications were important to treat the cause of diabetes formation in all these patients (energy imbalances) and not just treating the symptoms, that are the hyperglycemia..

Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, a General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress in 1998. Since 1997, she has been presenting her work worldwide, working with the approach and treatment of all diseases of all systems of the human body in a holistic way, with treatment guided through the teachings of Traditional Chinese Medicine and Hippocrates.

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Prof. Shozo Yanagida

Osaka University

Japan

Healthcare theory verification: Maintaining mitochondrial vitality and far infrared rays (microwaves and radio waves)

This validation study is based on molecular modeling, DFT/MM, based on density functional theory (DFT), which is attracting attention as an artificial intelligence (AI) technique.

Using the software Spartan, DFT/MM allows theoretical determination of the heat of formation, electronic energy structure, UV/Vis and IR/FIR spectra of hydrated singlet oxygen species [$1O_2(H_2O)_2$], hydrated superoxide anion radical [$O_2^{-(H_2O)_2}$], hydrated hydrogen peroxide [$HOOH(H_2O)_2$], hydrated hydroxyl radical [$HO^*(H_2O)_2$], which are produced in the mitochondrial endoplasmic reticulum.

Health is a state in which the chemical energy, i.e., superoxide anion radical [$O_2^{-(H_2O)_2}$] is generated in the mitochondrial endoplasmic reticulum, and microwaves and radio waves are emitted by generating a capacitive alternating current in membrane-structured mitochondria. Similar to the heating phenomenon in a microwave oven, heating cells with microwaves and radio waves (far infrared rays) promotes metabolic chemical reactions in cells, thereby maintaining a healthy body. Furthermore, far-infrared rays from the sun, i.e., microwaves and radio waves, also activate [$1O_2(H_2O)_2$] in the mitochondrial endoplasmic reticulum, promoting the production of [$O_2^{-(H_2O)_2}$] and contributing to maintaining a rhythmic health state. [1][2][3]

The cause of health problems is the deterioration of cellular metabolic function, i.e. aging, caused by the destruction of the mitochondrial endoplasmic reticulum bilayer membrane by the harmful reactive hydrated hydroxyl radical [$HO^*(H_2O)_2$] generated from [$O_2^{-(H_2O)_2}$]. Now, when we think about health care, the following question arises

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es: Why do mental stress, excessive fatigue, and lack of sleep cause a decline in cellular metabolic function?

Do brain cells communicate with other cells in the body using microwaves and radio waves? In other words, when brain cells are subjected to mental stress, it induces lack of exercise and insomnia. As a result, the chemical energy $[O_2 \cdot (H_2O)_2]$ in the mitochondria of the body's cells is not converted into microwaves or radio waves, but becomes harmful $[HO \cdot (H_2O)_2]$.

The generation of the $[HO \cdot (H_2O)_2]$ destroys the lipid bilayer structure of the mitochondrial endoplasmic reticulum and causes the cell structure to swell [1]. It is believed that bacteria and viruses invade the swelled cells. As a result, the rhythmic drive of the metabolic chemical reactions of the cells is reduced, leading to a deterioration in health.

We conclude that the direct cause of health problems is not pathogens (bacteria/viruses), but cellular aging. Health care is about cultivating the health of the mind and body through proper lifestyle and dietary habits. Doctor of Medicine Shibasaburo Kitasato, the "father of modern Japanese medicine," stated his medical ethics as "a doctor's mission is to prevent disease. I should add that the prevention he is referring to is not against pathogens.

We may add that Kitasato Shibasaburo's portrait is on Japan's new 1,000 yen banknote.

Reference:

Integr Mol Med, 2019 doi: 10.15761/IMM.1000380

Integr Mol Med, 2020 doi: 10.15761/IMM.1000396

Integr Mol Med, 2019 doi: 10.15761/IMM.1000388.

Biography:

Shozo Yanagida (Emeritus Professor of Osaka University since 2004) is a pioneer of molecular-structured solar cells, and now stay at the forefront with regards to density functional theory-based quantum chemistry molecular modeling of molecular aggregates. Now, he may be regarded as a molecular-structure chemist using density-functional theory. He presented a plenary lecture entitled "Carbon dioxide is by no means the cause of climate change, and solar radio radiation causes climate change. Forecast/Verification by Quantum Chemistry Molecular Modeling in a global conference. Many theoretical verification examples by molecular modeling can be found on the homepage of M3 Laboratory Co., Ltd. (<https://www.m3lab.en/>).

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Dr. Ferenc Karacsony

*Cannabinoid Medicine Foundation
Hungary*

Chronic disease as an energy-deficient state of homeostasis

Chronic illness is a relatively new concept, especially in 120 years in our societies. Although people may have been chronically ill before, mainly as a result of injuries, there was no severe chemical stress either in their environment or within their body.

Chronic toxicity, the relative toxicity balance, is a particular way of being specific to our societies. It has also been observed that systemic detoxification cures and diets are particularly effective in our time. It is possible to get rid of chronic illnesses, for which modern medicine recommends that we get used to the diseases while taking medication and learn to live with our complaints.

What these cures have in common is that they significantly increase the elimination, utilising drainage and elimination methods, of the deposits in our metabolism and the residues that saturate our connective tissues, which cannot be eliminated from the body due to food preservatives and the use of medicinal products.

Although this is not new, as Samprapti describes, the accumulation phenomenon in written records goes back five thousand years. In the past, the process was much slower than it is today.

Systemic detoxification cures such as the Gerson Therapy, the Buchinger-Lützner Fasting Cure, the Breuss-Muermann Cure, the Budwig Diet, or even the Melius Therapy that I have been using for 30 years not only rid our bodies of accumulation but also generate an internal environmental change in which our bodies can use the energy resources available to them more efficiently. This is a spontaneous process that can be achieved by walking, eliminating energy deficits caused by food deprivation, breathing exercises,

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and meditation, even if we are unaware of what is happening.

Energy deficiency can be measured by Voll-like electro-acupuncture. Stability, the PIE index, and the hierarchy of Chinese five elements values, as qualitative coefficients, can be related to meridian balance and, more broadly, to the quality of homeostasis.

Using an energising treatment, I would like to show what it means to have excess energy in the body in the short term.

What chance does energising itself give us?

How is it possible to overcome chronic illnesses inspiringly if the effectiveness of known, proven methods, which take months to apply, is also supported by direct energising?.

Biography:

Dr. Ferenc Karacsony pediatrician. He has an university licenses: homeopathy, neural therapy, traditional Chinese Medicine, detoxification methods, orientalist diagnostics, blood oxygenation. Honorary Candidate of Honor Causal in Neural therapy and Detoxification Methods. President of the Cannabinoid Medical Foundation. His books, "The Book of Detoxification," and "The World of Cannabinoid Medicine."

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Prof. Siba Prasad

*Gujarat Ayurved University
India*

A Clinical Study of Vamana Karma with Ikhkwaku in PCOS

Ayurveda encompasses not only science but religion and philosophy as well. Here the word religion denotes beliefs and disciplines conducive towards states of being in which the doors of perception open to all aspects of life. Ayurveda is a highly systematized medical system resting on proven theories and thousands of years of documented clinical observations with unbroken and successfully continuing clinical practices.

A healthy woman can make a healthy family and ultimately a healthy nation. Stree roga is explained in Ayurveda in an exclusive context. Ayurvedic medicine has given prime importance to lifestyle management in all the diseases. A sedentary lifestyle and a stress-filled modern era have led to alterations in the activities of the neuro-endocrine system causing newer health challenges like PCOS.

Polycystic ovary syndrome (PCOS) is the most common endocrinal disorder that affects 6% to 20% of women during their reproductive age. The etiopathogenesis of PCOS is still not well understood and it is thought to involve multiple factors such as genetic, environmental, diet and lifestyle, etc. Common symptoms include irregular menstrual cycle, polycystic ovaries, and hirsutism. This condition is also associated with hyperandrogenism, infertility, obesity, and insulin resistance. Infertility is a prevalent presenting feature of PCOS with approximately 75% of these women suffering infertility due to anovulation, making PCOS by far the most common cause of anovulatory infertility. Due to the multifactorial nature of this condition, its management also involves several areas such as normalizing insulin, improving androgen status, reducing obesity, lifestyle modifications, etc. In modern medicine, the available allopathic regimen has limitations, so it is time to find a safe and effective alternative therapy for this condition.

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The etiopathogenesis of PCOS is understood based on the Ayurveda principles and bio-purification procedures, Vamana Karma (therapeutic emesis) was administered with Ikshwaaku seed formulation. Encouraging results were found in the reduction of the cyst and symptoms of the condition. The details of the clinical study will be presented during the conference..

Biography:

I Dr. Siba Prasad have completed my MD from Rajiv Gandhi University of Health Science (Bangalore) and PhD from the Department of Panchakarma (Ayurveda), Mandsaur University, India. I work as a Principal at Jay Jalaram Ayurvedic Medical College, Gujarat Ayurved University, India. I have published many research papers in different journals and attended as a resource person at many national and international conferences.

November 13-14, 2024



Dr. Tongbram Somibala Devi

Parul University

India

Mucocele on ventral surface of tongue and its management by individualized homoeopathy medicine –Evidence based case report

A Mucocele of ventral surface of tongue is a benign cystic lesion of the salivary gland that contains mucus. It is clinically identified by one or more soft, fluctuating nodules over the ventral surface of the tongue. There are two leading cause of it. The most common cause is due to trauma to the excretory duct of the major salivary glands. And the less common cause is due to obstruction of salivary duct.

The prevalence rate of ventral tongue among all the types of Mucocele is 25.86% between age group 15-24 years.

Specifically, the ventral tongue has a 50% recurrence rate in comparison to other types of Mucocele.

The case study presented here is a detailed analysis of a 24-year-old male affected by Mucocele of ventral surface of the tongue and its homoeopathic management.

Case summary: A 24 years unmarried male patient came with the complaints of nodular fluctuating, soft extra growth on the ventral surface of the tongue since 3weeks. Initially it was small but slowly it goes on increase its size.

After a detailed case study and repertorisation, the patient was prescribed Natrum Muriaticum 200C, one dose, once in a month, for 3 months. The case was assessed by measuring Naranjo Criteria Score. This case brings to light the usefulness of Natrum muriaticum 200C in the treatment of Mucocele of the ventral surface of the tongue..

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Biography:

I Dr. Tongbram Somibala Devi have completed my BHMS from Karnataka, Master Degree from Gujarat in specific homoeopathy subject of Organon of Medicine. I am passionate homoeopathic doctor who loves to share my clinical experience to all. Since 2 years, I have been serving as Assistant Professor at parul university, India.

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Dr. Rana El Hajj

*Beirut Arab University
Lebanon*

The Promising Activities of Traditional Herbal Extracts against Multidrug Resistant Bacteria

As the antibiotic resistance emerges, effective therapeutic strategies are extensively needed to mitigate the burden of bacterial infections. Herbal extracts are the best choice since ancient times for the treatment of a wide range of bacterial infections. These strategies are commonly accepted due to their safety, affordability and accessibility. The present study examines the antibacterial effectiveness of traditionally used extracts derived from mint, cinnamon and caraway, all of which are widely recognized plant extracts of a great medicinal impact. Results have shown a prominent activity of these extracts against Gram-positive and Gram-negative bacteria, including multidrug resistant strains. Interestingly, certain extracts showed a better activity than that of commercially used antibiotics. This study underscores the promising role of traditional herbal extracts, suggesting their potential as natural alternatives for treating resistant bacterial infections.

Biography:

Dr. Rana El Hajj is currently an Assistant Professor of Microbiology in the Department of Biological Sciences at Beirut Arab University. Her research interests comprise the fields of Microbiology and Oncology. In Microbiology, Dr. El Hajj is mainly focusing on testing the activity of various herbal extracts on a wide range of bacterial, fungal and parasitic infections, where she has published many manuscripts in leading journals.

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Dr. Jessica Parker

*Root & Stem Integrative Chinese Medicine
USA*

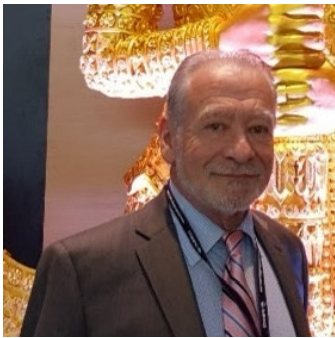
Functional Medicine for your Acupuncture Practice: Understanding an Iron Panel to treat the root cause of anemia

Analyzing a set of basic lab work for preventative care using Eastern medical concepts, diagnoses, and patterns is under utilized in both conventional medicine and acupuncture practices. Eastern Medicine and Acupuncture is a 3000+ year old technique that treats the body as a collective series of systems that all work together. Functional Medicine uses lab work to help support the body to work as optimal as possible and find the root cause of the issue. By understanding a basic set of labs using both these techniques, acupuncturists should be able to comprehend and utilize functional blood chemistry panels honoring the patterns and philosophy of Eastern and TCM medicine. Acupuncturists view the body as a series of organ systems that work as a whole. When acupuncturists learn to analyze functional blood chemistry labs in their practices using Eastern and TCM medical concepts, diagnoses, there is more opportunity for practitioners to treat imbalance before it reaches a diseased state. This lecture focuses on the Iron Panel, analyzing four markers from a simple blood draw and the differential diagnoses found in many anemic patients.

Biography:

Dr. Jessica Parker is a seasoned expert in integrative medicine, combining her extensive knowledge of acupuncture with a deep understanding of functional medicine. With over 15 years of experience in clinical practice, she has honed her expertise in diagnosing and treating complex health issues through a holistic approach. Dr. Parker holds advance certifications in both Eastern and functional medicine, and she is particularly renowned for her skillful integration of micronutrient therapy to enhance patient outcomes. Her passion for education and commitment to advancing the practice of acupuncture is reflected in her dynamic teaching style. In the series of course "Functional Medicine for your Acupuncture Practice" Dr. Parker draws on her years of hands on expiring and ongoing research in the field. She is excited to share her insights and practical strategies with fellow practitioners, empowering them to optimize patient care using the transformative power within their acupuncture practice.

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Dr. Eric A. Scheinbart

Immunity Redefined LLC

USA

The Naturopathic Treatment of Cancer and Chronic Diseases

These days, more and more people are seeking alternative, integrative natural therapies to complement their traditional medical care OR in place of their conventional medical treatment. The immunotherapeutic stimulation of the patients own immune response is an important and integral factor for fighting cancer at it's optimum to "seek out" and destroy the malignant cells through immunomodulating properties activating macrophages, natural killer {NK} cells and T cells to attack the tumor cells along with lymphokines, interleukin 1 and 2, CD4 and CD8 to activate the cell mediated response. The research being clinically evidenced based, reveals an effective, organic, sustainable and safe naturopathic plant-based product, a proprietary compounded blend, physician formulated, that has shown great success with cancers, chronic diseases and the COVID=19 virus, with a successful track record for more than twenty years. It is my pursuit to help as many people as possible with this innovative, revolutionary and unique product by improving the outcomes for patients with a better chance to live longer and thrive with this natural plant-based immunotherapy.

Biography:

Eric A. Scheinbart, MD practices Integrative and Alternative medicine for cancer and chronic diseases. For more than twenty years, with the conviction to improve health, longevity and the quality of life with Naturopathic Immunotherapies of plant based, organic compounded proprietary blend that stimulates the patient's natural immune system to heal itself. Dr. Scheinbart is a board-certified physician and Mahareshi Ayurvedic trained physician, a board-Certified diplomat of the American Academy of Anti-Aging and a Fellow of the American College of Nutrition. He has successfully improved the health, longevity and quality of life of patients with prostate, breast, ovarian and pancreatic cancers as well as many other cancers, chronic diseases such as diabetes, and neurodegenerative diseases like MS, Parkinson's disease and dementia and viruses, such as Herpes, EBV and Covid-19. He has been recognized by the NIH/NCI for his work and presented in Bethesda at the NIH. He has spoken at the Cancer Control Society, the A4M and Society of Integrative Oncology in Shanghai, China the World Medical Conference in Dubai, UAE, European Medical Society in Frankfurt, Amsterdam, Paris and London as well as Canada and USA. Most recently as the keynote speaker in Bangkok, Thailand.

November 13-14, 2024



Dr. Joseph Yang

*Doctor of Medicine, licensed Chinese medicine practitioner
USA*

Overview of the TCM System for Treating Mental Disorders

This paper will briefly introduce the concepts of essence, qi and shen in TCM, especially the concepts of shen and shen qi in TCM. It will also introduce the concept of spiritedness in TCM mental energy theory. This article proposes a three-level pattern differentiation system for the diagnosis of mental illness and introduces the clinical characteristics and significance of Spiritlessness in the pattern differentiation system. Then it will propose four basic methods of TCM ben shen treatment of mental illness, namely ben shen acupuncture, ben herbology, ben shen psychotherapy and ben shen preservation.

It also points out that clinical application should adhere to the treatment viewpoint of unity of body and shen, combining ben shen pattern differentiation with organ pattern differentiation. Finally, based on the basic theory of TCM, it will propose an holistic cognitive method for treating mental illness, namely, the persistence, intermittence, seasonality and causality of mental disorders, so as to better apply this traditional TCM mental illness treatment system in clinical practice.

Biography:

Dr. Joseph Changqing, Yang graduated at neuropsychiatric department and received the Ph. D. degree in 1998 in Kobe University Japan, and his paper published on the US journal Biological Psychiatry. Dr. Yang was graduated at Chinese Medicine University of Heilongjiang, China in 1984 and master's degree in TCM diagnosis in 1987.

Dr. Yang has served for 6 years at Accreditation Commission for Acupuncture of Oriental Medicine (ACAOM), as a commissioner. Now he is working in his own clinic, meanwhile, he is a chief director of the metal health committee of American TCM Association, Dr. Yang led his professional team to establish the American Institute of Mental Health in Traditional Chinese Medicine in 2008 and served as the CEO. Dr. Yang is the Vice Chairman of Board of Specialty Committee of Psychosomatic Medicine and the Council Vice Director of Board of Specialty Committee of Mental Diseases of World Federation of Chinese Medicine Societies.

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Dr. Yang specializes in internal medicine, especially mental illness, including schizophrenia, mood disorders, stress response, insomnia and anxiety disorders. His method is based on the inner classics, combined with ancient and Western knowledge to develop himself, so as to play a unique and effective role in clinical practice. He published a series of four books on psychiatry, systematically discussing the mental health issues of traditional medicine.

November 13-14, 2024



Linda-Marie Kot

*Holistic Healing & Wellness Author & Coach
USA*

Exceptional Health through Uncommon Knowledge

My purpose and passion is to bring the Gift of Healing to others.

For 35 years, I have diligently researched and successfully practiced uncommonly known, all-natural healing methods. I have been blessed to have published 2 books on this critically needed subject. The first book, “Wellness Warrior Masterclass Secrets,” presents at least 9 uncommonly known methods of disease reversal and prevention. Revealed are Alternative Medicine and Holistic Cures that have been successfully used for over 3,000 years, many of which are from the ancient records of Ayurvedic Medicine and the Emperor’s Yellow Book. Their long History and the multitude of Scientific evidence confirm that the successful results of these Natural Healing Methods are unparalleled. Readers/students are also riveted by a multitude of stunning Testimonials that give current concrete credibility to them all.

Each Power Practice I teach becomes a Golden Brick of Wellness in your hand. Use one, or use all, to build a bridge to Lifelong Exceptional Health.

Through my classes and publications, health-seeking people will learn how we:

- Reversed my Mother’s Alzheimer’s & my Father’s Diabetes
- Removed Friend from heart transplant list
- Balanced ADHD brain waves in 20 seconds
- Healed incurable disease & get patient out of his wheelchair
- Healed gums & saved teeth
- Increased Brain Circulation by 39%

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Additional life-changing knowledge includes discovering:

- What is the ONE thing you eat every day that makes you fatter and sicker
- How your teeth are killing you.
- How you are starving your brain cells...right now.
- Why Good Fat is your Best Friend.
- What are the "avoid foods" that are clotting your blood
- Which Healthy Saturated Fat triggers weight loss
- What is Nature's Most Powerful Anti-Viral

Learning the startling answers to these core questions can powerfully reinstate you as the "Master of your Health."

It is my pleasure and my Gift to enlighten others to unique Healing and Prevention methods that are amazingly potent yet incredibly simple. With God's help, I have forged for others an exciting path that is both motivational and transformational. Choosing this Path ensures that you are exponentially more likely to ESCAPE the PRESCRIPTION DRUG LOOP & celebrate a positive, if not radical change in your Health and in your Life... .

Biography:

United States born, Linda-Marie Kot / Noelle Powers (nom de plume) is a 35-year veteran of Holistic Healing & Wellness, fulfilling the role of practitioner, teacher, coach and author of two books: "Wellness Warrior Masterclass Secrets" & "Atomic Health Master Cleanse"

November 13-14, 2024



Christine Paul

Back to your body, LLC
USA

Somatic Practices for Health Professionals

Health care professionals and administrators are consistently under stress and exposed to secondary trauma. Bodies reflect events in our lives. This interactive session will guide you through an embodiment practice for self-care and body connection to help regulate and decompress. It will include seated body-based movement, sensory awareness, and breath work.

Biography:

Christine Paul is a licensed professional counselor and somatically-trained yoga instructor. She combines her passion and training in integrative health, mind-body medicine, and yoga to provide a unique and experiential understanding of stress management. She is owner and founder of Back To Your Body, a small business focused on mind-body integration therapies. She specializes in sharing yoga and mind-body integration therapies with health and human service professionals and people with chronic illness and disability.

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