



2nd Global Webinar on Traditional and Alternative Medicine

February 22–24, 2021

www.globalscientificguild.com/webinar-on-traditional-medicine

Upcoming Events

Global Webinar on Forensic Science

March 05-07, 2021

Live Webinar

4th World Congress and Expo on Traditional and Alternative Medicine

March 14-16, 2021

Taipei City, Taiwan

Global Webinar on Immunology

March 29-30, 2021

Live Webinar

Global Webinar on Applied Science Engineering and Technology

April 12-14, 2021

Live Webinar

Global Webinar on Toxicology and Applied Pharmacology

May 10-12, 2021

Live Webinar

Global Webinar on Public Health and Nursing

May 17-19, 2021

Live Webinar

Global Webinar on Robotics and Artificial Intelligence

May 24-26, 2021

Live Webinar

Global Webinar on Occupational Health & Safety

June 02-04, 2021

Live Webinar

2nd Global Webinar on Traditional and Alternative Medicine

February 22–24, 2021

Day-1

2nd Global Webinar on Traditional and Alternative Medicine

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Hegyí Gabriella

University of Pécs, Hungary

Pain treatment with IMS (intramuscular permanent stimulation)

The workshop is talking about successful treatment for different pain syndromes of the body. The new topic is : Intramuscular permanent stimulation is different from acupuncture theory and practice, but all practitioners it is advisable to know this techniq for better achievement for our patients. Some area is well-known as acupuncture points, but the learnt techniques can make more colourful our daily practice. We mention IMS, Battlefiled ear techniq, Yamamoto YNSA method, treatment of combination with neuraltherapy. Hopefully, we can transfer this knowledge for better treatments to our colleagues.

Biography:

Hegyí Gabriella is Medical Doctor, with specialization of internal medicine, working medicine and rehabilitation, she completed his Ph.D. in medical Sciences at the University of St. Stephan, Budapest, Hungary . She went on to establish and lead the efforts of Yamamoto rehabilitation Institute in Budapest in 1989 where eastern and western medicine joints. She is the member of advisory board of health Ministry since 1997, organizes the TCM, neuraltherapy and Cam courses at University for medical doctors since 1986. For the past 16 years, he has been the President of Hungarian Biophysical Association, President of Hungarian Medical Acupuncture Association, researcher of CAMbrella, the Paneuropean CAM Project, researcher of NATO CAM Project, establish person of TCM Confucius Institute of Pecs University in 2015. She is the author on more than 250 papers, more books. She has been an Editorial Board Member of 6 professional medical journals in last years.

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Yu-Cheng Kuo

Taipei Medical University, Taiwan

The Digital Pulse Diagnosis Apparatus for Telemedicine

During the pandemic of the COVID-19, the conventional medical activities has being lock down. The alternative method for diagnosis and treatment with telemedicine is needed.

With meridian theory, we designed a pulse diagnosis apparatus. Through this, we could get the H.C.V., the pathological and pharmacological matrix easily. Meanwhile, with blue tooth technique connecting cell phone, the pulse diagnosis apparatus can communicate the Glaze Cloud which assembles the smart algorithms and get the information for prescription.

Through the pulse diagnostic apparatus and the Glaze Cloud, we could map the meridians to harmonics and quantitatively analyze the pathological excess or deficiency of the meridians including the five zang-organs and six fu organs of the patient (pathological matrix) from the radial pulse.

Based on a series of pharmacology research analyses of acupuncture, Chinese herbs, herbs prescription formula and western drugs on the reinforcing or reducing effect of meridians have being completed, we were able to simulate the whole make up meridian function of a prescription formula which is composed of several herbs (pharmacological matrix) with matrix operation on harmonics..

In addition, the pathological indicator on meridians-H.C.V. (Coefficient of Variations of Harmonics Magnitude) could quantitatively reflect the severity of diseases and evaluate the outcome of patients. From health to death, life struggles between convergence and divergent of negative entropy revealed by the H.C.V. of meridian.

Combining the H.C.V., the pathological and pharmacological inverse matrixes, we developed an algorithm for the AI system in the Glaze Cloud to give prescription following the Chinese Medicine Bible: Shang Han Za Bing Lun, such as the white tiger and green dragon formulae.

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This is also the basis to give acupuncture or laser acupuncture prescription.

During the pandemic of COVID-19, combining traditional medicine, this digital pulse diagnosis apparatus and the Glaze Cloud could be a powerful tool for telemedicine to fight the virus.

Biography:

Yucheng Kuo is the Master of Pharmacology and the Ph.D of Electric engineering in biomedical field. He is also a Medical Doctor, Chinese Medical Doctor and assistant Professor teaches Pharmacology in Taipei Medical University and pulse diagnosis in Chinese Medicine University in Taiwan. Since 2007, he has always being invited to give speech in the international conference for the research of pulse diagnosis and scientific modernization of Chinese Medicine. Meanwhile, he applied these studies to new drug development and invested a biomedical company – Nature Wise which owns the specific HDAC8 inhibitors (BMX) and is able to pass the blood brain barrier. BMX is in FDA phase 1 clinic trial. Combining the theory of meridian medicine and herbal therapy formulae recorded in the classic of Chinese Medicine, he navigates a new direction of new drug development and AI system for diagnosis, prescription and evaluation. For these works he won the Outstanding Researcher in Pharmacology of the Venus International Healthcare Awards - VIHA 2018 and the President of Meridian World Health Organization Alliance.

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Parvin Zarrin

Bio Quantum Academy, Canada

Quantum Anti-Aging Insulin and Cortisol the two Aging hormones, Liver the Anti-aging organ

Nature has no concept of aging or getting old. Nature has a concept of growing old. Aging is similar to the process of chronic disease and it follows the same degeneration process. Aging is not a natural phenomenon because nature constantly renews itself, the way earth is renewing itself by turning winter into spring. This natural characteristic is endowed in all living beings in the entire universe. The human body is an absolute part of nature, it follows the same principles and it has no premature aging or artificial death in its nature. The human body is constantly going through the cycles of weakening, dormancy, and degeneration, followed by awakening, regeneration, and renewal. These characteristics are endowed in all living beings including the human body by nature.

Biography:

Parvin Zarrin is a world- known Integrative Practitioner specializing in Homeopathic Medicine. She received a Doctorate of Philosophy in Integrative Medicine, Diploma in Homeopathic Medicine & Sciences, Certificates of Achievement in Homeopathy from Germany, a Degree in Nutritional Sciences, obtained several certificates in Homo-toxicology Medicine. She is awarded an Order of Excellence in the homeopathic research for her PhD. She is the founder and president at Bio Quantum Academy, Founder of Integrative Medicine & Nutrition, Educator, Mentor, lecturer and the author of Quantum Anti-Aging. She has been practicing Homeopathy and Integrative Medicine for over 20 year in Toronto, Canada. She has successfully treated hundreds of people with the serious chronic illnesses around the world. www.bioquantum.ca info@bioquantum.ca.

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TruthSayer

*The Institute of Auricular & Transcendental Medicine,
United States*

Transcendental Essence Therapy

Homeopathy is one of a number of vibrational medicines. Transcendental Essence Therapy uses homeopathy to address emotional, spiritual, behavioral, and mental stuckness, discomfort, and pain. What is so exciting about Transcendental Essence Therapy, is that not only does this modality resolve symptoms, in addition, this modality is transformational. This modality goes to the root of the problem, changes patterns of mental cognition, emotional affect, behavior, and transforms consciousness. TruthSayer will explain the process and will illustrate with real clinical cases.

Biography:

TruthSayer, DAOM, Dip.OM, LAc, LMFT, has a doctorate in Acupuncture and Oriental Medicine, a Masters of Science in Traditional Chinese Medicine, three Masters Degrees in Psychology and a Bachelors in Chinese Linguistics. She is President Emeritus of the California State Oriental Medical Association, and a former faculty member of the American College of Traditional Chinese Medicine in San Francisco. She has 20 years of clinical experience and has been the disciple for ten years, of Dr Huang Li Chun, MD(China), LAc., world famous physician, teacher, and WHO recognized top expert in Auricular Medicine. TruthSayer has been a guest presenter at numerous gatherings and conferences in the US and Taiwan, including The World Academy of Auricular Medicine 2009 and 2012, the World Federation of Traditional Chinese Medicine in 2018, Network of Knowledge online webinar 2019, Global Scientific Guild Conference of Alternative and Integrative Medicine 2020.

TruthSayer is Founder and Chief Faculty of the Institute of Auricular and Transcendental Medicine. The Institute provides education, trainings and certification in Auricular and Transcendental Medicine for medical professionals, also demonstrations and education for the public. The Institute awards Certification as an Auricular Master, after successful completion of an 8 levels course, and clinical training in Auricular Medicine. Attending practitioners report improved patient results even after initial classes of Auricular Medicine.

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Howard Murad

University of California and Murad, LLC. United States

Modern Wellness: Stress, Your Self, Your Skin

Skin is often thought of as superficial, but in fact, skin is the body's largest organ and its first line of defense against water loss, pathogens, and environmental assault. The ability of skin to protect the body is dependent upon its ability to retain and utilize moisture—where it is needed: within the cell. Age, disease, free radicals, stress, and resultant inflammation weaken the cell membrane, compromising its ability to keep water and other beneficial elements in and toxins out. The cell then becomes susceptible to a host of illnesses. The all-pervasive matrix of stress we live in, called Cultural Stress, increases the body's inflammatory response. Over time, this becomes “inflammaging,” leading to the diseases we associate with aging, including Alzheimer's, cancer, cardiovascular illness, diabetes, kidney disease, loss of sensory acuity and muscle mass, and wrinkles. This presentation describes the sources and impact of Cultural Stress and presents the results of a small, pilot study on the effects of an Inclusive Health program that includes nutrition, exercise, stress management, skincare, and creative pursuits, on gene expression and other measures of well-being.

Biography:

Howard Murad, MD, FAAD, is internationally recognized for his innovations in the science of skincare. A board-certified dermatologist, trained pharmacist, and associate clinical professor of medicine at the David Geffen School of Medicine, UCLA, Dr. Murad has personally treated over 50,000 patients. In 1989, he founded his eponymous skincare company, Murad LLC, to share his groundbreaking skincare formulas, which were among the first to achieve significant, measurable results without surgery. In 2003, Dr. Murad refocused his energies to champion Modern Wellness, connecting the dots linking cellular hydration, mental health, joyful exercise, creative expression, Cultural Stress management, and efficacious skincare. In addition to peer-reviewed articles, he is the author of many books, including *The Water Secret*, *The Cellulite Solution*, *The Murad Method*, and *Conquering Cultural Stress*. Subscribe to his free Modern Wellness Digest at www.drhowardmurad.com.

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Julie E

Julie E Health & Wellness, United States

Healthy Aging & Preventive Health

Health has become the focus for everyone this past year. After practicing holistic health for over 20 years, I have worked with thousands of individuals closely and observed how they feel about their bodies and their health.

Many people have health issues that medical doctors either can't diagnose or fix, or they're scared to go to the doctor. Some fear going to a nutritionist or holistic health expert because they do not know what to expect and/or they are afraid to have to do weird things or that the practitioner will tell them to not drink coffee or eat their favorite food.

In working with so many people, and especially myself on my own healing journey, I have done so many unnecessary things that over time I was able to simplify and figure out the Simplest things ALL people can do to feel instantly better, and to keep helping themselves move forward in their own health. Most of these things are FREE, can be done anywhere, anytime and hence they are so easy for people to do. Furthermore, these are the foundation for everyone's body to heal, regardless of their health issues, and where in the world they live. I believe that when people are empowered to do things themselves, they are more willing to take the next steps to further themselves along. They engage on the journey toward optimal health, instead of diving into an All-or-none program which ultimately leads to 'none', and with the individual feeling defeated and failure – sometimes due to money spent and other times do to not believing anyone can help them.

In this talk, I will teach the Simple Solutions that I teach everyone to do which allow for success regardless of their physical or mental health problems and that will become their foundation for their health as they continue on the journey.

I often call these things the '5 missing things from all health regimens' because I almost never hear of any other practitioner having taught their patients to do these things, and yet I feel they are the absolute staples for health.

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Biography:

Julie E, MPH, RD is a licensed dietitian, functional medicine expert and a Master in Public Health - with a passion for helping people improve their health with her infinite tool chest of remedies. For over 3 decades Julie has been working with individuals of all ages to help find the root of their health ailments, and treat them naturally. An anti Aging expert, Julie has reversed her telomeres & cellular health to that of a 12 year old. Her international practice includes parents, kids, pets and celebrity athletes. On her website (JulieEhealth.com) and her social media she educates us on her secrets to health including unique tips such as the 5 missing things to all health regiments, how to care for your assembly line, and keeping both the emotional body BioField strong.

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Sheldon Karasik

Sheldon Karasik, P.C. law firm, United States

Homeopathy on the Precipice

As alternative medicine grew in popularity in the West, it found itself, particularly homeopathy, subjected to attack both by conventional medicine/Big Pharma and government, often working hand in hand. In Western Europe, the process usually entailed investigations by the national science academies followed by foregone conclusions that any success engendered by alternative medicine was simply the placebo effect. Those conclusions then led to governmental attempts to marginalize the practice. In the case of homeopathy, it involved efforts to limit access to homeopathic remedies on the basis that efficacy was not established to the satisfaction of conventional medicine.

Now, in the U.S. homeopathy faces a hydra-headed regulatory assault by both the FDA and the FTC. How can homeopathic organizations fight back? How can they organize? Should they attempt to launch a concerted transnational effort to prove their case? Should WHO or other international agencies be involved?

These are all questions that become more urgent as governments arrogate to themselves decisions about what is best for a person's health and zealously sweep aside personal choice over the most intimate decisions.

Biography:

Karasik is principal of Sheldon Karasik, P.C. a law firm he founded in 1999. The firm has offices in the U.S. and Switzerland. Mr. Karasik specializes in international legal matters, insurance law, employment law and dispute resolution. Mr. Karasik is an AV-rated attorney, the highest peer review standing awarded. He was awarded a five star rating by Martindale Hubbell and Avvo. He is an Honorary Fellow of the Association of Fellows and Legal Scholars at the Center for International Legal Studies. He is also a senior faculty member of Lawline, teaching courses to attorneys on international law and insurance issues. His publications include: "Polaroid - The Sixty Million Dollar Mistake," Summer 1993 issue of *Declarations*, and "Recent Developments Regarding American Personal Injury Law," *Comparative Law Yearbook of International Business*, 2004 .

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Manon Bolliger

The Bowen College Inc, Canada

Bowen Therapy – A Little Known Complementary Therapy

Bowen Therapy was initiated by Tom Bowen in Australia in the 1950's. It has evolved from a physical therapy to an integrated mind-body therapy through the work of Dr. Manon Bolliger, Board Certified Naturopathic Medical Doctor, in which the patient experiences changes on all levels of well-being.

By stimulating meridian points in a specific order and with careful pauses in between, Bowen-First™ Technique prompts the body to reset, repair and balance itself. It is one of the safest, fastest and most effective modalities for treating pain, chronic illness and improving overall health.

The first treatment is actually a “Reboot” treatment, which enables the body's different programs to “re-start” and align. BowenFirst™ is not purely a “physical” therapy, it integrates the mind-body connections. It was primarily been used to address musculoskeletal or related neuromuscular complaint and it is now being used as a holistic complimentary treatment that addresses the whole person and aims to treat the cause of problems, rather than the symptoms. BowenFirst™ has successfully been applied to anxiety disorders, PTSD and for physical and emotional trauma management. I will be discussing the mechanisms at play such as the fascia, the vagus nerve and the impact of the treatment on regulating the autonomic nervous system through the relaxation response.

Biography:

With a deep personal connection to health advocacy, Manon Bolliger, a Naturopathic Medical Doctor, CEO and Founder of an International training center called Bowen College, is dedicated to consciousness in the healing process. Devoted to a “Healer in Every Household,” her unique methodology guides both the practitioner and the health advocate on a path to physical, emotional, and spiritual wellness. It all starts with our body's innate wisdom and its capacity to heal itself. As Best-selling author of several books and keynote speaker. Manon reminds us of our choices in health and in life. She is the founder and president of The Bowen College Inc. (2008), Co-Founder of the Canadian Council for Homeopathic Certification (2001), founder and developer of The L.I.S.T.E.N Program (2015), Chairperson of the Homeopathic Department at the Boucher Naturopathic College of Medicine (2004 –Present).

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Nell Smircina

PIQUE Health, United States

Enhancing Integrations: Acupuncture as an Integrative Modality for common Standard of Care Diagnosis within Medical Specialties

According to a survey done by the National Institute of Health, over 30% of the US population has utilized complementary and alternative medicine, and those statistics are only continuing to increase. Acupuncture is commonly known as a natural option for pain relief but is less known for its broad applications within medical specialties. Although Acupuncture is often utilized as an alternative approach, it truly thrives as a complementary and integrative medicine. The addition of acupuncture to a treatment plan within allopathic medicine can drastically increase patient compliance and health outcomes. Many medical specialties such as surgery, cardiology, fertility, nephrology and urology see improved patient outcomes from this evidence-based medicine.

Biography:

Nell Smircina, DAOM, L.Ac., Dipl. OM helps medical practices and organizations have a more integrative approach during this pivotal time in healthcare. Dr. Nell is the creator of PIQUE Health, an integrative medical practice in Beverly Hills, and now helps others enhance their patient experience and offerings. She has written e-books for practitioners looking to enter the integrative medicine field, taught in masters and doctoral programs, and consulted with medical practices and product-based businesses in the integrative medicine industry. Her podcast, Be Well with Dr. Nell, features guests from various specialties and provides value driven conversation around integrative care.

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Christina Richter
AstroPlus, New Zealand

Connecting Mind Body Spirit Using Western Medical Astrology

“A physician without the knowledge of astrology cannot rightly call himself a physician.”
Hippocrates (460-357BC) the Father of Modern Medicine.

Medical Astrology which is (traditionally known as iatro-mathematics) is an ancient medical system that associates various parts of the body, diseases, and drugs as under the influence of the sun, moon, and planets, along with the twelve astrological signs.

The use of astrology is to aid in the diagnosis and treatment of illness.

Each of the astrological signs (along with the sun, moon, and planets) is associated with different parts of the human body. Medical Astrology is the marriage of the ancient healing art of astrology and the mysteries of medicine. It is the integrated science which will identify your body constitution, metabolism and ailments relating to psychological, spiritual, emotional and mental disharmony which contribute to dis-ease.

The focus here is on self-understanding, prevention and body maintenance, resulting in self-healing. Complimentary medicine holds a greater priority here as these therapies are usually holistic and integrated in its methodology. Modern medicine does have a role to play in healing and should not be disregarded if the need arises; if anything, it can work effectively in conjunction with other therapies.

Your healing potential in combination with a personal plan for living in harmony with yourself and your environment is essential for good health. Daily practice will strengthen your constitution while maintaining health and therefore minimising or preventing further disease.

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Biography:

Christina Richter is a full-time international consulting astrologer, author, teacher and global speaker. With over 35 years in mainstream medicine, Christina has attained qualifications in Ayurveda, metaphysics, herbalism, stress management, colour therapy and astrology, making her an authority in her field. Specializing in Medical Astrological, she uses this methodology to identify and treat psychological, emotional, medical and spiritual symptoms that progress to disease if left untreated. Christina has written 2 books on holistic health - 'Learn to Self-heal' and 'Your Astrological Health' - which are available at Amazon.

You can read more about Christina and her work at www.christinarichterauthor.com

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Chris A. Kleronomos

MediPro Holistic Health, United States

Bee Venom Therapy (BVT): Mechanism and Overview for Clinical Application in Chronic Pain, and Complex Disorders

Chronic Pain is an increasing problem with significant impact on both patients and the medical system. There are also significant concerns regarding safety of many interventions and the overall efficacy of typical therapy for many complex disorders is limited.

This lecture will introduce a novel therapy rooting in Traditional use that has significant emerging data to support it as an effective therapy for recalcitrant pain conditions as well as its potential use on a variety of chronic diseases such as autoimmunity, neurodegeneration and chronic infection. The lecture will serve as an introduction to the therapeutic application of BVT in a clinical setting and reviews in detail the pharmacologic, pharmacokinetic and dynamic mechanisms of constituents, as well as the extrapolated models of pain signaling such as DNIC, gating and modulation of fos expression.

Currently there is rationale for the therapeutic use of venoms as evidenced by several pharmaceuticals such as ziconotide (Prialt), which supports the long history of use and empirical reports.

Biography:

Chris A. Kleronomos became interested in medicine as a Corpsman in the Navy, where he served with the Marine Corps elite Force Reconnaissance Team.

He is board certified in Family Practice (AANP), and acupuncture (NCCAOM) and a board diplomate in Pain Management (AAPM), and Anti-Aging medicine (A4M), as well as a Professionally Registered Herbalist (AHG). He is considered one of the leading experts on the application of Bee Venom Therapy and publishes and lectures on the subject around the country. He is President of the American Apitherapy Society and a board member of the Biotherapeutics Research Education Foundation.

Practicing a truly comprehensive approach with a demonstrated history of successfully treating complex chronic conditions including chronic pain, FMS/CFS, and Autoimmunity, he also specializes in functional optimization, anti-aging, nutrigenomics, and biohacking.

He has been featured several times on the television show “The Doctors”, and on “National Geographic Wild”, as well been published in the Pain Practitioner, Journal of the American Academy of Pain Management, and was a featured interview in Life Extension Magazine.

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Day-2

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John Ogden

Your Future Vitality Ltd, England

Revolutionary virtual screening App for practitioners and monitoring loved ones from afar

With advances in specialised software and database applications, I can now present my system and teach individuals to record almost 50 vital measures from each patient into our system in under 30 minutes to build a unique snapshot of each patient's vitality.

Numerical measures are recorded and automatically analysed into bands above/below the optimal levels before reaching reference ranges, enabling changes or improvements to be monitored and trended. The system automatically produces a report that details the results of each measurement explaining what it means with treatment recommendations for the results that fall outside the optimal spectrum. These will include dietary and lifestyle changes; food types to avoid and the ones to embrace; appropriate exercises to help general fitness, physical condition and breathing as well as supplements to enhance required base levels.

The facility can be "white labelled" to create your own cultural, dietary and lifestyle changes for wherever you are in the world. It also allows creation of custom tests using selected groups of measures for a range of alternative applications.

Biography:

With a Doctorate in Naturopathic Medicine, Traditional Chinese Medicine and Acupuncture together with over 20 years on Harley St., London, practicing the latest techniques in evidence based, preventative, anti-ageing medicine; what I found frustrating was the accepted truth that I could only pass that personalised care and experience to one person at a time. Hence my dream of working with today's technology to bring common sense medicine to everyone, not just to those that could afford it. To find causative reasons not just treat the symptom.

During extensive trials in St Petersburg-Russia, Jerusalem-Israel and within the UK, my system was able to predict amongst others, Cardio Vascular Disease, Heart Disease, Diabetes, Kidney and Respiratory problems up to 2 years before the diseases actually manifested in the patient and with 96.8% accuracy.

I'm proud to present this new way of thinking to improve personalised Fitness and Lifestyle remotely.

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Can we do info@yourfuturevitality.uk

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Behzad Barikbeen, ITMD

LifeWave Inc

Power of Light, Stem Cell Activation

LifeWave Inc Company founded in 2004, has developed a nanotechnology called Phototherapy, Photobiomodulation or in other words Acupuncture without Needles. It uses non-transdermal patches registered with FDA as a medical device. The patches are specifically designed to passively reflect back into the body a portion of the electromagnetic frequencies that they are exposed to when placed on the body.

The various types of patches activate specific organs with different sets of bioelectric frequencies. The first generation of lifewave products focused on quality of life and ICEWAVE patch was designed for pain relief which works in seconds and provides a pain relief status. The second generation of lifewave products focus on anti-aging and the third generation of lifewave products with the introduction of X39 patch address age reversal & regeneration by activation of stem cells. In this speech I will talk more on pain management and age reversal through a double blind placebo controlled trial done on the effect of X39 patch on GHK-Cu peptide and genes.

Biography:

Behzad Barikbeen completed his doctorate in Medicine from Kerman University of Medical Sciences, Iran and since then has been working for over 18 years as a researcher and trainer giving presentations in academic centres such as Mashhad University of Medical Sciences as well as in global biopharmaceutical companies and other corporate settings. He is currently living in Toronto, Canada.

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George Grant

Academy of Wellness, Canada

Preventing and Possibly Reversing Dementia and Alzheimer's Using Thermotherapy and Vibroacoustic Therapy in 12 Subjects Over 3 Months

The Objective of this study is to find the possibility of the use of both Thermotherapy [Hyperthermia][Heat Therapy] and Vibroacoustic therapy [Vibration + Sound] to prevent and possibly reverse chronic neurological conditions like Dementia and Alzheimer's Disease in 12 subjects over 3 months using Pre/Post Biofeedback Testing, Oximeter, Wellness IQ Questionnaire [www.academyofwellness.com] and CBC blood test results including HBA1C. Overall Results were positive suggesting possible prevention and reversal of Dementia and Alzheimer's using Thermotherapy and Vibroacoustic Therapy.

Biography:

Grant is a scientist, professor, chemist, toxicologist, nutritionist, biofeedback, stress management and a pain specialist. Dr Grant worked as a Senior Consultant for Health Canada, FDA and CDC as well as in private practice. George Grant has helped 11 Fortune 500 companies, 11 non profit organizations and 11 Olympic athletes in Canada, USA along with 10,000 clients worldwide. He has over 250 published articles, 400 papers reviews, hundreds of conference presentations, book reviews and 13 bestselling books including a Guinness world record holder with 126 gifted co authors

George Grant is an expert in biofeedback, stress, anti aging and natural pain management. He helped clients at Sunnybrook hospital in Toronto recover from clogged arteries as well as 10,000 clients worldwide. He is the founder & CEO of the Academy Of Wellness. www.academyofwellness.com.

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Tai Lahans

Middle Way Acupuncture Institute, United States

The Yi Jing (pinyin) as a primary root for Chinese Medicine concepts is a valuable text for healing ourselves and our Earth in modern times

Chinese Medicine has a very deep taproot that has been carried through the history of the medicine for several thousand years. Although the Huang Di Nei Jing is often been stated as the original text of Chinese medicine, in reality it is the Dao De Jing and then the Yi Jing that are the very first written statements of the philosophy and nuts and bolts of the medicine. Although written in the late Neolithic, these texts have a great deal to offer the context of modern life and the great torn world which we have inherited. We are the very same people those people were and we struggle with some of the very same injuries both physical and psycho-emotional and spiritual. This is what the Yi Jing is all about. The polarities within ourselves, our inner and outer lives, the sins of our fathers and mothers, the shadow, the effort to lift ourselves into our true authentic Self as healers.

The Yi Jing has been called Mother, Loom, The Book of Changes, The Change Book. The Book of Changes makes it sound like a treatise of lists that have to do with steps on a road. The Change Book presents it as a verb that has actions in which you engage. The Mother suggests it is a relationship. The Loom offers an image of a tapestry of life. All of these are true. It is a way to heal oneself by talking with and engaging the tools that the ancients used to save their world – both inner and outer. We are our own “dark net” and the root of Chinese medicine has the tools to heal this darkness.

Biography:

Tai Lahans began her studies in medicine while attaining a doctorate in medical anthropology; her dissertation was on the Ayurveda Sushruta Samhita. She spent 6 years in Mumbai during her twenties serving the very poor of Dharavi Slum using an integrative approach with several others and funded by a boutique clinic for the very rich of Mumbai. She has practiced Chinese medicine for 40 years specializing in chronic viral diseases and in oncology. Lahans has sat on many patient advocacy boards, taught in several integrative medicine units for cancer patients, and taught at several schools of Chinese medicine. She also holds a PhD from the PRC in integrative oncology. She has written two books, both on cancer treatment with integrative medicine: Integrating Conventional and Chinese medicine in Cancer Care – A Clinical Guide; The Geology of the Modern Cancer Epidemic, Through the Lens of Chinese Medicine.

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Thomas Tatulli

Centre Hospitalier Alès-Cévennes, France

Education and Research : Unifying Apparent Opposites

Education and research are 2 main topics to promote, to secure, and to include traditional and complementary medicines (TM) in health care systems. However, their fundamental theories, knowledge transmission, epistemology, nosology, treatments tools, differ from western medicine (WM). Being aware of these differences would improve understanding. To fit the western model, there is a need to build one educational program for each TM, that should include a same basis of WM. Modern science and ancient wisdom could also share and mix their ways of learning to improve their training qualities. New technologies such as virtual or increased reality could answer to a part of it.

In accordance to WM practice, evidence based research could be applied to complementary medicine. However, classical randomized controlled trial's suitability is criticized to evaluate holistic, complex, TM interventions, opening the field of the « whole system research ». Physics laws define the world and human dynamic. Classic physics theories and measurements seem to be limited to apprehend some TM concepts, such as « qi ». Therefore it appears to be a good opportunity to improve physics knowledge or devices, and to put other theories such as quantum physics theories to the test.

Biography:

Thomas Tatulli, MD (2010), is an emergency physician of WM and a Traditional Chinese Médecine (TCM) Practitioner (DNMTC). He is now the head of the first french TCM hospital department, in Centre Hospitalier Alès-Cévennes (CHAC). He also organized the first french hospital symposium on « hospital TCM integrative modalities » (2019), and participate as a speaker in national and international congresses on TCM related topics. Undergoing TCM studies should be published in 2021 as well as articles.

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William Clearfield

*Clearfield Medical Group and American Osteopathic
Society of Rheumatic Diseases*

The Endocrinology of Traumatic Brain Injury

On average, 1.7 million Americans suffer a traumatic brain injury (TBI) yearly, resulting in 52,000 deaths, 275,000 hospitalizations, and 1.365 million ER visits. 71% of TBI victims consider their case as "mild," suffering no apparent injuries. Within three months of the event, however, 56% of these patients experience personality changes, including anxiety, depression, and other behavioral issues. In 2012, over 400,000 vets returned from Middle Eastern conflicts with diagnosed with Post Traumatic Stress Disorder. Traditional therapies, including anti-anxiety, antipsychotic, and antidepressant agents, often utilizing multiple units of each agent, do nothing to treat the underlying cause. A French research team, in 1985, lead by EE Baulieu, demonstrated that the neurosteroids pregnenolone, allopregnanolone, progesterone, and DHEA, are produced not only in the periphery, as orthodox medicine long believed, but are also generated in the intracranially. A failure of the cerebral neurosteroid mechanism leads to erratic brain transmissions, which in turn exacerbates mental health issues, including depression, suicide, anxiety, panic attacks, phobias, and psychosis commonly witnessed in people living with post-traumatic stress disorder. In this lecture, we explore the role the neurosteroid hormones play in the face of traumatic brain injury, the consequences of their failure, the diagnosis of hormonal deficiencies and insufficiencies, and treatment strategies to return the victim to a healthy premorbid hormonal state.

Objectives

1. Understand the Epidemiology of TBI
2. Know the Signs and Symptoms of TBI
3. Describe the Diagnosis and "Traditional" Approaches to Treating TBI
4. Know the Long -Term Consequences of Traumatic Brain Injuries
5. Understand the Neuroendocrine Function of the Brain
6. Understand the effects the seven major, and three minor hormones have on brain function
7. Learn TBI Hormone Treatment Protocols
8. Learn the Seven Supplements Helpful Post TBI

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Biography:

William Clearfield, since 1982, is a leading figure in family and integrative medicine. With graduate expertise in areas ranging from Cardiac Rehabilitation (the University of Wisconsin/Lacrosse) to Medical Acupuncture (UCLA, 1991), to Age Management and Non-Surgical Aesthetic Medicine, (fellowship-trained and diplomat status from the American Academy of Anti-Aging Medicine,) Clearfield is a leading authority on cutting-edge medicine in Northern Nevada. In 2016, Clearfield's turned when, after meeting with several veterans who suffered traumatic head injuries while serving overseas, recognized some of the long term maladies experienced by these soldiers were hormonal consequences of their TBI's. Research led him to study with and be certified by the Millennium-Warrior Angel Foundation Traumatic Brain Injury Program. Clearfield's lectures on Traumatic Brain Injury and Hormone Replacement in general, have taken him to OMED, the American Osteopathic Association's Scientific Convention, NOMA, the Nevada Osteopathic Association, the American Osteopathic Society of Rheumatologic Disease, and the American Academy of Anti-Aging Medicine. Clearfield is the Nevada Delegate to the American Osteopathic Association's House of Delegates and the Executive Director of the American Osteopathic Society of Rheumatologic Diseases. His latest project is the "Endocrinology of Autism."

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Chinki Bhatia

United States

Eastern vs. Western Perspectives on Food

Food is my favorite topic. Our relationship with food is deeply personal and linked to culture, spiritual beliefs, habits, and (obviously) availability. It is directly responsible for our physical and mental well being, and this constantly sparks debates over what constitutes a “healthy diet.”

The concept of food is approached from different perspectives, including taste, cost, aesthetics, and nutrition. Being of Indian ethnicity and growing up and studying in multiple countries around the world, I have noticed three ways of looking at nutrition.

The first is a traditional medicine approach, which recommends making food choices based on one’s physical makeup. The second is the holistic method, which designs diet plans based on one’s entire being – the mind, body, and soul. Finally, in the Western world, food has been replaced by nutrients and metrics (carbohydrates, protein, fats, height, weight, and BMI).

“The more we worry about nutritionism, the less healthy we seem to become,” says Michael Pollan, a world-renowned author, journalist, and professor. I couldn’t agree more. Calorie consumption and nutrient breakdown alone are not the answer to how fat, thin, or healthy you are going to be. These are just two parts of a multi-factorial equation.

In my talk, I will share the hidden secrets of Indian food wisdom that are known to improve longevity. Ancient Indian food wisdom is based on the study of food across several generations. As a pharmacist and holistic healer, I will highlight how, what, and when to eat to optimize physical and psychological well being. In doing so, I will also disprove some common food-related myths.

I will also explain important distinctions between Eastern and Western philosophies of nutrition. For example, while the West measures the energy of food in calories, the Yogic Indian Philosophy counts the energy we receive from food in terms of its pranic value or prana. Prana

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is the subtle energy of food that can't be counted and is simply experienced.

My talk does not dismiss Western science. Rather, it encourages its integration into ancient science in our daily lives. Such integration will allow for a system that is more effective than either tradition on its own. In the end, it is all about trusting your gut and eating real food – the sort of food that our great grandmothers would recognize as food.

Biography:

Chinki Bhatia is an independent retail and consultant pharmacist, health educator, holistic pharmacist, and expert in Ayurvedic medicine. She earned a doctorate degree in Neuroscience from the University of Florida, graduating in 2009. As a holistic pharmacist, her unique philosophy is rooted in examining nutrition, exercise, stress reduction, and herbalism. Chinki Bhatia believes in the integration of western biomedicine and eastern traditional knowledge systems like ayurveda to achieve the highest health outcomes.

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Doña Fran Wolf

Ayllusuyu, United States

Energy --> Vibration --> Resonance

Before the physical manifestation of Form, there is Pure Energy. We call this The Energetic as this is the raw stuff of creation. When one can “read” the energetics, one can perceive the source of the physical manifestation. The flow of the energy is vibration. The vibrations will reflect the state of the energetic/energies. By perceiving that the vibrations are not in a synchronistic flow, the work then is to bring that flow into resonance. By sensing through subtle attributes of color, weight, texture, sound, feel and more, the flow of the vibrations are brought back together as they are meant to be, thus, bringing resonance to the energies. When resonance occurs, an intact state is created.

Biography:

Doña Wolf (Russo) is a shaman working in the tradition of the Peruvian shamans and other ancient traditions. When she was a child, Fran was introduced to the world of intuition by her first teacher, her grandmother. With her grandmother’s guidance, Fran began to consciously recall knowledge from many past lives. As Fran continued on, by the age of ten, she was working in astrology and giving readings. She realized that she “saw” and “knew” things that others did not. Later on, Fran then worked with North American as well as South American elders. Fran travels extensively in Peru, working with both the shamans of the Andean mountains and of the Amazon. There she has learned the ancient ways of the Q’ero elders, the direct descendants of the ancient Incans. Working in the ancient traditions for many years, Fran helps others to energetically release and transform self into the strength of true self, spinning joy into life. Through television, radio, workshops, groups, individual healing and guidance sessions, and journeys to Peru since 1993, Doña Fran brings the ancient teachings of Peru. Doña Fran’s organization, Ayllusuyu, www.ayllusuyu.com, serves the greater good through sacred ceremony and gatherings as well as workshops and talks based on those teachings. Doña Fran is the author of *Through The Eyes of Jaguar: One Woman’s Journey*.

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Chris A. Kleronomos

MediPro Holistic Health, United States

Peptide Therapy Introduction and Overview

Peptide therapy is an emerging target for pharmaceutical development and represents the synthesis of Traditional/Functional Models seeking to correct underlying cause and standard biomedical intervention.

This lecture will provide a brief overview of peptides in general and highlight a few of the most common peptide formulations which have broad use, clinical efficacy and high safety profiles.

Biography:

Chris A. Kleronomos became interested in medicine as a Corpsman in the Navy, where he served with the Marine Corps elite Force Reconnaissance Team.

He is board certified in Family Practice (AANP), and acupuncture (NCCAOM) and a board diplomate in Pain Management (AAPM), and Anti-Aging medicine (A4M), as well as a Professionally Registered Herbalist (AHG). He is considered one of the leading experts on the application of Bee Venom Therapy and publishes and lectures on the subject around the country. He is President of the American Apitherapy Society and a board member of the Biotherapeutics Research Education Foundation.

Practicing a truly comprehensive approach with a demonstrated history of successfully treating complex chronic conditions including chronic pain, FMS/CFS, and Autoimmunity, he also specializes in functional optimization, anti-aging, nutrigenomics, and biohacking.

He has been featured several times on the television show “The Doctors”, and on “National Geographic Wild”, as well been published in the Pain Practitioner, Journal of the American Academy of Pain Management, and was a featured interview in Life Extension Magazine.

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Haroldo Magarinos

*Institute for Complementary & Alternative Medicine,
United States*

The Ancient Wisdom of the Human Microbiome

One of the most important roles of the microbes that compose the human microbiome provide to our own human cells is information. The overwhelming difference between the human cell genome (22,000 pairs of genes) and the Human Microbiome genome (3.3 million non-redundant genes) aims to the microbiome to be the leader of the metabolic pathways in our body. We need a combination of a permanent community of microorganisms along with transient microbes to transfer us the information needed to metabolize, synthesize and modulate nutrients and responses that are essential for being alive and healthy, and also for maintaining our resilience and adaptability to all the environmental changes and challenges.

With an exponential increase in the probiotics market worldwide and the growth on the awareness in the public and scientific communities about the important role that the human microbiome plays for our lives, we require more learning about the information our microbes are transferring to our cells and how this ancestral biological library of knowledge evolves and coexist with us.

Biography:

Haroldo Magarinos is a Chilean dentist with specializations in periodontics. After over a decade of conventional practice, Dr. Magarinos decided to pursue his passion and become a naturopathic doctor, graduating in 2018 from the Naturopathic Doctor program at the American College of Integrative Medicine. Dr. Magarinos has long been a strong advocate for the study of the human microbiome, with a firm belief that treating patients with dysbiosis has the power to prevent and even reverse many prevalent forms of chronic disease. He is currently the director of the Human Microbiome Rebalancing Program at ICAM NJ.

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Jamila Owens-Todd

*The Meridian Institute for Naturopathic Therapies,
United States*

A Review of the Potential Benefits of Neuroprotective Plants

The plant pharmacognosy holds a number of herbal medicines that have been utilized for neurological health and healing. Empirical evidence of the efficacy of a number of medicinal plants, exists. Many plants have shown clinical, patient-reported data, that displays positive action on the neurological system. When considering the action on the neurological system, we consider neurological changes and how they occur at two different levels. The structural is actual cell regeneration and provides neuronal health effects. The functional changes are attached to mood, learning and memory. It is important to implement therapeutic action in both levels, when applying plant therapies.

Plant medicines to be discussed, with reported neuroprotective benefits; include *Melissa officinalis*, *Hericium erinaceus*, *Avena sativa* and *Cannabis sativa*. This review will discuss the reported patient outcomes from regular use of these neuroprotective plants and observed clinical benefits. There exist reported benefits, that include, but are not limited to mood support, sleep cycle regulation and mental focus and clarity. The consistent and observed patient outcomes, with utilizing these herbal medicines, has shown promising clinical results. Their actions can be strongly considered in neuroprotective protocols. More review in the mechanisms of action of these plants are necessary in evaluating the potential usefulness of herbal therapies in the management of neurological health.

Biography:

Jamila Owens-Todd, Naturopathic Doctor, is Board Certified by the American Alternative Medical Association, Certified in Restorative Medicine and has maintained a successful, private practice since 2007. Her career path started with studying the sciences at the University of Missouri-Saint Louis. Jamila completed her university education by obtaining Bachelor degrees in both, Chemistry and French. Jamila has blended her own herbal teas for patients for over ten years and has recently started formulating her very own Hemp/CBD tinctures, using high- quality, Colorado-grown hemp. Her newest venture has been in her role as Research & Development Manager with PHYTOS Cannabis, a subsidiary of BeLeaf Medical. In this position, she will

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continue to formulate cannabis products and perform quality analysis of cannabis products. Additional and ongoing training continues in many areas of herbal medicine and specifically with Neuroplasticity and Neurological health, The Medical Cannabis Institute (TMCI), ECS Therapeutics and cannabis science. Jamila is committed to using science, in order to provide practical, reliable and accessible therapies to families.

www.minthealth.org

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Faaria Karim

Selkirk Naturopathic Clinic, Canada

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Treating Recurrent Miscarriage and Unexplained Infertility with Micronized Vaginal Progesterone

Progesterone is essential for conception by preparing the uterine lining for embryo implantation as well as for maintaining a healthy pregnancy. Women who have low progesterone are more likely to have difficulty conceiving or be diagnosed with unexplained infertility, and are at a higher risk for miscarriage in the first trimester. Because low progesterone does not affect cycle length, nor does it affect other labwork, many healthcare providers often miss this diagnosis.

Micronized progesterone can prevent pregnancy loss and can treat unexplained infertility in women with low progesterone. The Royal College of Obstetricians and Gynecologists for the UK estimated in Jan 2020 that 8,450 miscarriages a year may be prevented with progesterone therapy. Within this talk I would like to encourage practitioners to use the knowledge gained from this presentation in conjunction with their expertise in Traditional and Alternative Medicine to provide support for women with unexplained infertility or unexplained recurrent miscarriage and increase the effectiveness of their treatments.

Learning outcomes:

1. The appropriate time in a woman's cycle to test progesterone and the appropriate test.
2. The effective form, dosage and timeframe of micronized progesterone therapy to support conception and to maintain pregnancy.
3. To approach this topic with confidence with both patients and other healthcare providers

Biography:

Faaria Karim received her Doctor of Naturopathic Medicine degree and Masters of Science degree in Acupuncture from Bastyr University in Washington, USA. She completed a rigorous Integrative Medicine residency program in Portland, OR, USA focusing on fertility, women's health and digestive health. She continues to focus in these areas in her practice in Vancouver, Canada today. Dr. Karim is passionate about making holistic healthcare accessible, educating her patients, the public and other healthcare providers to empower them to make the best decisions with their patients. www.drfaariakarim.com

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Francisca Ferreira

Founder of Bloom Holistic Wellness Coach, United States

Primary and Secondary Food Healing from the Inside Out

Primary Foods are the things that keep our lives in balance, spirituality, recreationally, and physically as well as professionally and romantically.

A supportive relationship, an inspiring career, an enjoyable night out with friends, a trip to a place you've always wanted to visit, these are all examples of primary foods that feed our souls and give us a hunger for living.

When those life aspects are out of whack, we often compensate by feeding our “hunger” with actual foods. Specifically, have you ever indulged in a pint of ice cream after a bad breakup? Or a box of cookies after a rough day at work? Well, you're not alone. In times like these, most people turn to high-fat, high-sugar, and unhealthy foods. Unfortunately though, those secondary foods lead to the start of unhealthy habits and worst of all, weight gain. The only way to avoid this vicious cycle is by exuding positive energy. The less positive energy in your life, the more of an urge you will have to indulge in secondary foods. The more you let secondary foods fill you, the less you will be able to receive the primary food. Reason being, your secondary foods choices fill that void that the primary foods don't.

Nowadays, nutrition is considered an afterthought in many people's lives. However, in order to receive the good benefits of secondary food, you must fix your primary food. The truth of the matter is, you can try to live a healthy lifestyle, but you won't succeed until you find that positive energy. You MUST satisfy your hunger for love, fun, romance, intimacy, success, spiritually, happiness, etc. It's important to take it slow to understand the process. Once you do, you will realize the benefits and encourage yourself to find that fulfillment that soothes your mind, body and soul.

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Biography:

Francisca Ferreira received her certification in Health & Wellness from the Institute of Integrative Nutrition (INN) in New York City. She completed a series of courses, focusing on how to coach people through stress management, career decisions, lifestyle changes, sleep issues, eating disorders, holistic healing, and more recently, hormone health. Come June 2021, Francisca will complete her final hormone health class, focusing on improved digestion, increased libido, relief from pms, enhanced focus and clarity, stabilized blood sugar, weight management, infertility and more. Between her holistic upbringing and her own knowledge from INN, Francisca is dedicated to motivating and inspiring them to take better care of themselves, physically, mentally, and emotionally. As the Founder of Bloom Holistic Wellness Coach, she does not diagnose, nor does she treat. Francisca simply provides a safe space for people to explore the different ways they can improve all aspects of their health.

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Mohammadbagher Rezaee

Research Institute of Forests and Rangelands, Iran

mb.rezaee@rifr-ac.ir

Expansion of Herbs and their New and Traditional Products and Remedy in the Iran

The total of the herbal, animal and mineral knowledge, used in the maintenance of health treatment of illnesses is traditional medicine. Based on the World Health Organization statistics, more than 80% of world population resorts to herbal remedies. Herbal therapy in Iran also dates back to a long time ago and a number of writings regarding this issue are left by great physicians e.g. Avicenna and Razes. Iranian botanists have led to recognition of around 1450 genera and 8000 species which nearly 2000 species are endemic. Wide range of pharmacological activity including antioxidant, hepatoprotective, brain protective, anti-diabetic, gastroprotective, cytoprotective, laxative, estrogenic, diuretic, antifungal activities have been exhibited for these plants in modern medicine. Traditional medicine used as powders, syrups, ointment, extracts, etc. In this presentation going to introduces the natural constituents and traditionally patient's consuming in Iran. All medicinal and aromatic plants included in this complex and common side dish in Iran, are Onions, (Spring onions), Chives (*Allium schoenoprasum*), Basil (*Ocimum basilicum*), Radishes (*Raphanus sativus*), Parsley, has Phenolic compounds and flavonoids particularly apigenin, apiin and 6''-Acetylapiin; essential oil mainly myristicin and apiol; and also coumarins are the active compounds identified in *Petroselinum crispum*.

Biography:

Mohammadbagher Rezaee did his PhD. and Research work on Photochemistry or chemistry (Ag). His research is on cultivation, extraction, formulation and produce natural products out of medicinal and Aromatic plants. He designed research apparatuses and pilot of essential oil distillation and herbal extraction. He has published 6 Book in Persian language and international of two chapters of bio-activity on herbal extracts or essential oil. Finish lots of thesis with different topics on Msc. and PhD. with his students. He has published many papers on this topic in national and international (ISI) journals. He is a scientist in Research Institute Forests and Rangelands (RIFR) -Tehran-IRAN, Chairman of "Union Medicinal plants of Iran" (UMPI) and chair member of "Iranian medicinal plants society" (IMPS). He got three national award about selected and important medicinal plant as natural product or instead of synthetic medicine and bio-logical uses.

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Rakhima Zhaxylykova

CETNAMED, Astana, Kazakhstan

About the Presence of Two Pandemics at Present

We are all witnessing the Covid-19 pandemic on the planet. Despite the fact that Covid-19 is an acute infection, its symptoms do not stop, but, on the contrary, change from month to month, replacing each other for six months or more. What is the reason?

It is appropriate here to recall the fact, stated by all researchers of the world, about the total defeat by Demodexes all the people of the planet. For 180 years, cohabitating with humans, this mite has learned to furrowing the human body, causing (according to my 48-year research) clinical masks of Demodecosis in the form of non-communicable diseases.

According to the literature, for humans Demodex is a symbiont, for animals is the causative agent of a systemic disease leading to his death.

Although Demodex is microscopic in size, its size is many times larger than the size of the virus. Therefore, on the surface and inside their bodies, Demodexes carry any virus to different parts of the affected body. Based on the above, at Covid-19 Demodexes are unambiguously involved in the dissemination of the disease process in the patient's body. This is why the symptoms of Covid-19 continue for a long time after discharge from the hospital. Moreover, some symptoms replace others and indicate in the defeat of different organs and systems.

In medicine, Demodecosis as a holistic disease is not diagnosed. Knowledge of the Clinic of Human Demodecosis (<http://allergy.kz/en/publish/486/> En, <http://allergy.kz/publikatsii-avtora/485/> Rn).

allows me to assert: 1 / the symbiosis of mites with viruses can affect the scale and course of the next wave of the Covid-19 epidemic, 2 / against the background of a pandemic of unrecognized Human Demodecosis, the course of any acute infection will more protracted.

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Biography:

Zhaxylykova Rakhima Dosmakhanovna graduated in 1960 with a medal from high school number 414 Art. Jusaly of Kzylorda region. In the same year she entered the medical faculty of the Almaty State Medical Institute (now it is the University) and graduated in 1966. She began her career as an operating ophthalmologist. In the early 1970s, a random review of demodexes from the problem area of the skin of the patient's face served as an occasion for observing the skin of all the people around her. These observations brought to the knowledge of the Demodecosis of Human which was not studied in medicine. Recovery from Demodecosis allows to save sick people from allergic, skin and a number of its systemic complications. Detailed research report presented at JSA / WAO Joint Congress 2020es.

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Bhairav B. Tawshikar

Yashwantrao Chavan Ayurvedic College, India

Madhumeha to Diabetes Mellitus II – Ayurvedic Management

Madhumeha is a disease known since ancient times to the mankind, its upsurge is quiet alarming. On the basis of its symptomatology Madhumeha can be correlated to the features of Diabetes mellitus.

Diabetes mellitus is a metabolic disorder of carbohydrate, fat, & protein characterized by hyperglycemia with or without glycosuria. It is associated with long-term potentially catastrophic effects on almost all systems of the body.

Ayurveda can provide better management for Madhumeha without hazardous side effects. In Ayurveda, Madhumeha has been described as one among one of the 20 types of Prameha and is a sub-type of Vatika Prameha. In the former type the patients are usually asthenic can be correlated with Type I DM and in the latter type patients are obese and can be equated with Type II DM. Ayurveda has been mentioned in Sahasrayoga under Kashaya Prakaran for Prameha Chikitsa, is being used widely for the treatment of Madhumeha in Kerala.

In this study to study various clinical symptoms of madhumeha with special reference to Diabetes mellitus II. To observe any possible adverse effect of Ayurveda Drug reported during the study. Madhumeha to reduce symptoms and patients score.

Biography:

Bhairav Bhimrao Tawshikar Kulkarni is the principal of Yashwantrao Chavan Ayurvedic College, Aurangabad, India. He is MD in Kayachikitsa (Ayurved) from Aurangabad. Fellow of (F.A.A.P.N.A.) Association of Ayurvedic Professional of North America. He has having 9 years teaching experience and is a Post Graduate teacher/guide. He is recognized guide of PG Kayachikitsa of Maharashtra University of Health Sciences, Nashik. He has Member of World Research Council, also Editorial Board member of 6 International Research Index, peer review Journal. He had awarded 9 National like Dhanwantari Award like this and 1 International Award for excellent work in Ayurveda field. He had published more than 20 Research Articles in National & International Journal up till.

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Rupali Dinesh Sehgal

Health121.in, India

A case study of Ejection Fraction (EF) management in Rheumatoid Arthritis induced Heart Disease (RAIHD) with Ayurveda and HAIP Diet

Cardiovascular diseases (CVD) are the number one cause of death globally, taking millions of lives each year. Patients with Rheumatoid Arthritis have almost twice the risk of developing heart disease that is not fully explained by traditional cardiovascular risk factors. Rheumatoid Arthritis induced Heart Disease (RAIHD) is the result of damage to the heart due to increased inflammation, which occurs after repeated episodes of Rheumatoid Arthritis. If RAIHD is not diagnosed and managed early, it may result in heart failure and premature death. RAIHD may result in reduced ejection fraction. Ejection fraction (EF) is a measurement, expressed as a percentage, of how much blood the left ventricle pumps out with each contraction. Patients with heart failure and reduced ejection fraction have higher mortality rates. A 50-year-old male consulted for his newly diagnosed heart disease with low ejection fraction and high blood pressure. He was advised to have a heart transplant and was given medication for high blood pressure by modern medicine practitioners. On evaluating him on Ayurvedic principles, and analysing his lab reports for the last five years, it was seen that he suffered from repeated episodes of rheumatic pains and had a history of high serum inflammatory markers. He was given the HAIP Diet (Healthy Anti Inflammatory Protocol Diet) along with anti inflammatory herbs and supplements as an adjuvant treatment. HAIP Diet is a Tri-Dosha balancing diet designed to create health. Within three months of following the HAIP Diet along with herbs and supplements, he showed 75% improvement in heart ejection fraction, complete relief in rheumatic pain symptoms and over 100% reduction in blood inflammatory markers.

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Biography:

Rupali Dinesh Sehgal, CEO of Health121.in, is an Ayurveda consultant with over 20 years experience. She has done her Bachelor of Ayurvedic Medicine and Surgery (BAMS) from Podar Ayurvedic Medical College, University of Mumbai. She is the author of the HAIP Diet (Healthy Anti Inflammatory Protocol Diet) book with over 200 healthy recipes. HAIP diet is a Tri-Dosha balancing diet designed to create health which is suitable for almost all disease conditions like Obesity, Rheumatic diseases, Autism, Autoimmune Disorders, Diabetes, Heart Disease, Chronic Fatigue, Allergies, IBS, Depression, Multiple Sclerosis, Cancer, Alzheimer's, Dementia, Parkinsonism etc. With the HAIP Diet, she has created a fusion between Ancient Ayurveda and Modern Research wisdom in order to give a new dimension to holistic treatment. She is the President of Functional Ayurveda committee under Hrim International Trust, where her work of creating health has touched thousands of people worldwide. She is also Chief Ayurvedic Medical Officer of Uttarayan Trust, which works on touching the lives of underprivileged members of the society. She regularly attends conferences, workshops, training programs and symposiums to keep herself updated and share her views. She has successfully treated people with chronic illnesses around the world.

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Mini Mehta

Rajiv Gandhi Cancer Hospital and Research Centre, India

Old Wholistic Approach is the New Medicine of Future

If we look back in to the history of medicine we can find a lot of literature on medical science from the

Ancient greeks and indian ancient ayurveda.

Greeks embraced the concept of a healthy mind in a healthy body and their view of medicine incorpored both physical and mental well being.

The most famous and probably the most important medical figure in ancient greece was Hippocrates who we know as father of medicine used to believe

The natural healing force within each of us is the greatest force in getting well.

It is more important to know what sort of person has a disease than to know what sort of disease a person has.

Let food be thy medicine and medicine be thy food.

There are many other examples which prove their ancient wisdom

Indian system of medicine has always advocated various methods of natural cure and also it has a huge work on preventive medicine , diet and regime. It also believes that a similar approach of treatment is not applicable in all individuals as every individual is different from the other.

In ayurveda, perfect health is defined as “a balance between body, mind, spirit, and social wellbeing.”

Modern medicine understood this in the year 2000 when They released new WHO definition of health: “a state of complete physical, mental and social well- being and not merely the absence of disease or. infirmity”Earlier health according to WHO was just absence of disease or disability.

During this corona pandemic modern medicine has understood the value of ancient wisdom when they realized that the so called EVIDENCE BASE MEDICINE FAILED TO PROVE ANY EVIDENCE OF EFFICACY in this pandemic.

Modern medicine learned that every individual suffers from a common ailment in his own

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different way highlighting the concept of individuality.

People have improved practicing yoga, naturopathy, ayurveda and homoeopathy.

Biography:

Mini Mehta, BHMS (Bachelors of homoeopathic medicine and surgery) India, PG (HOM) London, UK. She currently works as a palliative care physician in the cancer care in a cancer hospital. She is also a faculty in The London College of Homoeopathy, UK. She is a homoeopathic doctor practicing from last 12 years in new delhi india. She is a passionate physician who has a very keen sense of analyzing patients health as a whole (physical, mental and spiritual). With her dedication and preservance she has successfully treated many patients for their chronic complaints and allergies with homoeopathy. Her well tailored individualized treatment helps patient to heal as per the law of nature. She has been sharing her work on national and international platforms in the field of homoeopathy.

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Siddhartha Sengupta

Samskrt Natural Wellbeing, India

Integrated systems with ayurveda the future of healthcare – case studies of cancer and Parkinson

A presentation on samskrt and its ayurvedic interventions for all kinds of lifestyle diseases . Special focus on case studies of cancer parkinson and epilepsy. Further discussion on possibilities of collaborations with hospitals and clinics to help improve their efficiency with integrated systems with traditional Indian systems..

Biography:

Siddhartha Sengupta: Chemical Engg & MBA with 23 Years of experience in the Corporate world . Worked for BASF, Indofil Chem , Clariant, SI group, Merck KGaA and Arkema and Held positions like Head of Business , Asia Pacific Head. The last role was with Arkema as Managing Director. Always passionate about a healthy life and ayurveda helped in making a natural choice to transition and start Samskrt Natural Wellbeing Co. which is trying to take Ayurveda to every home Globally. Samskrt is now into Preventive, Predictive and Curative healthcare and are healing diseases like Cancer, Parkinson, Infertility, Diabetes neuropathy, Autism to name a few diseases from all over the world . At the core the next 5 years one of Samskrt Natural Wellbeing Co's goal is to take Ayurveda globally to Clinics, Hospitals and Individuals to enable integrated solutions for better health and at lower costs.
www.samskrtlifec.com

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Wai-Ching Lee
Earth Heart, Singapore

Frequency Techniques and Technologies for Restoration, Regeneration and Youthing

Nikola Tesla, the Serbian scientific genius expounded “To find the secrets of the Universe, think in terms of Energy, Frequency and Vibration.”

We are beginning to understand the concept of Nature and the Universe expressed as frequencies and how regeneration of our cellular integrity can be expressed as Frequency/Vibrational Medicine /Quantum Medicine

Resilience, Adaptability, Flexibility and Neuroplasticity of the psyche, etheric body as well as physical anatomy is vital in any swift changing cycle.

Evolutionary therapies such as Infinity Quantum Qi Gong and New Matrix Healing allow us to address miasmas and patterns from the personal and collective past rooted familial, ancestral and childhood experiences. The wisdom translated into ancientfuture time continuum could be the answer to another dimension of Medicine.

There are psychospiritualsomatic techniques to support natural reversal of degeneration. adjusting to the current onslaught of destructive frequencies such as 5G, pollutants and toxins in the air, water and land, and rapid mutations in virus strains in evolutionary biology.

The quantum or frequency technologies based on sacred geometry of Fibonacci spiral and Tesla coil are now available for consumers and professionals alike to adjust to everyday living as well as in hospitals and healing centres to accelerate rehabilitation, rehabilitation and youthing.

2nd Global Webinar on Traditional and Alternative Medicine

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Biography:

Dame Reverend Doctor (PhD) Wai-Ching Lee is a medical intuitive healer from a traditional lineage of natural physicians. She is also a U.S. qualified Holistic Health Counselor and Holistic Somatic Bodywork Therapist with over 20 years of adult experience in the field of natural and holistic healing. As principal of EarthStar/EarthHeART Holistic Consultancies, she has been collaborating with medical doctors and scientists in the field of Integrative Medicine since 1992 . Wai- Ching is a modern mystic, healer and teacher of the traditional art of Infinity Quantum Qi Gong and Healing birthed by transcendental divine guidance in 1990. She fuses ancient wisdom with psychosomatic and quantum field healing techniques in Sacred Science. Her interweaving culminates as Associate Producer of the documentary series “Quantum Qi “ with Sharron Rose of Sacred Mysteries. www.quantumqimovie.com. She was invested the title of Dame Reverend Doctor (PhD) for her lifelong work in quantum energy healing and research by the Sacred Medical Order of the Hospitallers of the Knights of Hope.

www.amaliawaichinglee.earth www.quantumqimovie.com

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Ashwin Bhanushali

Bhagwati Homeopathy clinic, India

Rapid cure of Upper Respiratory Tract Infections with Homeopathy

Upper respiratory tract infection (URTI) is one of the leading causes of morbidity worldwide, especially with the present pandemic and its upper respiratory involvement. Limitation of conventional medications in treating and preventing those diseases and an alternative for this is warranted. In this regard, homoeopathy has proven its efficacy in treating upper respiratory tract infections even during testing times of the recent pandemic, when the allopathic medicines completely failed.

Homoeopathic treatment improves the symptoms and reduces the severity of URTI in the all age group. It can be an effective and safe way of limiting the progress of the disease, thus improving the scope of early recovery and in some cases we can save lives too.

Acute upper respiratory tract infections (URTIs) and their complications are the most frequent cause of antibiotic prescribing in primary care. With multi-resistant organisms proliferating, appropriate alternative treatments to these conditions are urgently required. Homeopathy presents one solution; however, there are many methods of homeopathic prescribing. Homeopathy offers a viable alternative therapeutic solution for acute URTIs and their complications, over conventional medications.

Biography:

Ashwin Bhanushali is a renowned senior Homeopathic physician. He is known for his expertise. He is a Committee member of Indian Institute of Homoeopathic Physician Mumbai. He has delivered a series of lectures on homeopathy as a speaker in Indian Institute of Homeopathic Physician. He has released his publication of his book “Rapid cure” in 2020. He has been serving the community with Camp organization in different parts of Mumbai and Navi Mumbai.

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Shaheena Kadri

Dr. Batras Clinic, United Arab Emirates

Dispel the MYTH: Homeopathic Molecules Slow to CURE

Homeopathy has raised its standards to be no more than the second choice of treatment in many parts of the world. However, one of the major myths that has forever have been used to ridicule its progress by the critics has been its PACE, stating it too be Slow to cure in acute and chronic diseases both. This Myth paralyses its growth and questions its effectiveness liberating the audacity of the critics to label it quackery. The erroneous belief is engraved in the mind of people so deeply more than a chronic disease that the progress of the treatment is constantly questioned, underrated many times despite proven efficacy. How do we Dispel this myth? How do we debunk this bias? Is Homeopathy really slow? How slow is it? What are the factors that support the myth? Erroneous syllogism holds the pillars to supports this myth.

The speed at which homoeopathic medicines cure a disease is largely governed by the way our natural restorative process responds. Thus, homoeopathic medicines are not slow in action; they are as slow or as fast as our body's healing system reacts. Our body's healing reaction is dependent on many factors. The intensity of the disease, the nature and the time period during which it has been in our system and, to some extent, the overall vitality of the body determine the speed at which our body cures itself.

Factors that would venerate the effects of homeopathy and Debunk the myth: The progress has to be defined to the patient during the initiation of the treatment in relation to his disease chronicity. The pace has to be estimated and monitored scientifically with standardized treatment protocols at Quarterly Intervals. Records should be maintained scientifically with blood test reports and visual comparisons. Testimonials to be documented to build the faith of the patient in the system of Homeopathic cure and for propagation of the same to others.

If Live cases are reviewed every quarter and documented and propagated together by the entire homeopathic fraternity with dispel this belief within a short span of time.

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Biography:

Shaheena Kadri has been eminently practicing Homeopathy since the last 17 years. She has won the Best Thesis Award during her Post Graduation in Homeopathy from the Hahnemann college of Homeopathy – UK. To enhance her magnitude of healing she has completed her Post graduation in Psychological counselling. This influenced her further to upgrade her qualification in human psychology and she has qualified as an Internationally Acclaimed Life Coach. She is an International member of Certified Coach Alliance. To bring honor to her family of physicians, she has recently won an Award as Star of Homeopathy by Dr Hahnemann College of Homeopathy –London for the promotion and propagation of the Art and Science of Homeopathy. She has been participating in International conferences for sharing her expertise.

She is recognized for her services in Dubai and has been currently been practicing as Ministry of Health(MOH) Certified Doctor in Dubai.

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Hegy Gabriella

University of Pécs, Hungary

What we know about soft laser therapy now?

Laser biostimulation was introduced in 1966 by Endre Mester, a professor of surgery in Budapest, Hungary. Although this term is listed on the web site of the United States Food and Drug Administration (FDA) other synonymous terms include: “low power laser therapy,” “low level laser therapy,” “low intensity laser irradiation,” “photobiomodulation,” “non-thermal laser,” “cold laser,” “soft laser,” “low energy laser irradiation,” and “laser therapy” (including the laser power output between 0.005 and 0.5 W). Higher thermal effects, including photodynamic therapy, apply to output power > 1 W. Laser irradiation with the output.

Biography:

Hegy Gabriella is Medical Doctor, with specialization of internal medicine, working medicine and rehabilitation, she completed his Ph.D. in medical Sciences at the University of St. Stephan, Budapest, Hungary. She went on to establish and lead the efforts of Yamamoto rehabilitation Institute in Budapest in 1989 where eastern and western medicine joints. She is the member of advisory board of health Ministry since 1997, organizes the TCM, neuraltherapy and Cam courses at University for medical doctors since 1986. For the past 16 years, he has been the President of Hungarian Biophysical Association, President of Hungarian Medical Acupuncture Association, researcher of CAMbrella, the Paneuropean CAM Project, researcher of NATO CAM Project, establish person of TCM Confucius Institute of Pecs University in 2015. She is the author on more than 250 papers, more books. She has been an Editorial Board Member of 6 professional medical journals in last years.

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Christian Arndt

Christian Arndt Clinic, Germany

“Ayurveda of the Alps” - what can Traditional European Medicine (TEM) do as therapy?

Traditional medical systems from Asia such as TCM or Ayurveda are very popular. But also in Europe there have been holistic medical systems with a long tradition and great popularity in folk medicine and empirical medicine for over 5000 years. Traditional European Medicine (TEM) as one of these systems has therefore even been ennobled by UNESCO in Austria with the title of World Heritage Site for some forms of therapy. And the therapy is even present in common parlance without being aware of it: the terms phlegmatic, choleric, melancholic come from the TEM medical system. What is behind the therapy and the terms, what are their options? What role does therapy play for alternative practitioners and patients?

With the help of Traditional European Medicine (TEM), the laws and principles of the macrocosm of nature are used to assess the microcosm of humans and their current individual situation. Through this deductive approach, the therapeutic procedure that follows corresponds to the general principles of the TEM medical system, just as it does justice to the current complaints of the individual case.

In order to obtain a model of nature that is as precise as possible, its effects have always been summarized in elementary components. The doctrine of the elements with the four basic elements of fire, water, earth and air arose in pre-Hippocratic times. These elements are assigned basic qualities that gradually range from warm to cold on the energetic level and from moist to dry on the structural level. This results in the following basic terms:

Fire (warm - dry), water (damp - cold), earth (dry - cold), air (warm - damp). All processes in nature, every phenomenon in the natural environment can be viewed and compared with the help of this energetic-structural approach. In order to be able to assess the human microcosm accordingly, these basic concepts of the theory of elements and qualities are subsumed in the principles of the so-called cardinal juices. The warm and dry cholera stands for the fire principle, the damp and cold phlegm for the element water, the dry and cold melancholera for the earth and finally the cardinal juice sanguis with its warm and damp quality for the air. On the

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one hand, these model-like cardinal juices result in the different temperaments of people - choleric, phlegmatic, melancholic, sanguine. On the other hand, the so-called secondary juices, namely the active (“yellow”) bile, the mucus, the slag = used (“black”) bile and the blood, correspond to these principles as representatives in concrete physical events.

Biography:

In private practice for almost 20 years. 3-year full-time training at the state-recognized professional school Josef-Angerer in Munich. Yoga, meditation teacher and systemic coach (Ludwig-Maximilians University in Munich). Study of Philology, Medical history of the 16th and 17th centuries, Economics and Psychology at the Ludwig-Maximilians University in Munich, the Universidad de Complutense in Madrid, Spain and the national Autonomous University of Mexico (UNAM).

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Alex Djukanovic

Nurture Your Nature, Netherlands

Increased adoption of acupuncture in regular care. From science, to understanding to referral

In this day and age knowledge and facts are superfluous. But to go from knowledge to a change in medical approach in the field of regular care proves challenging. Even now that Chinese Medicine (CM) by means of acupuncture is proven to be effective for numerous conditions, its reception in the process of regular care is slow. The quality of this scientific evidence is high: meta studies of randomized controlled trials and meta-analysis thereof. Besides being effective the secondary benefits are that there are no side effects. What then needs to be done for acupuncture to be available as readily as any other intervention? The key is to realize that the philosophical concepts of Western Medicine (WM) and CM are quite different. And that as individuals within different (cultural) understandings of health and healthcare we need to bridge this gap. The bridging is done by conveying understanding, by relating the concepts of health from CM to those of WM. The central vantage points herein are that 1) in nature (and health) there are similar concepts in both healthcare systems 2) that we can use descriptive language to convey the essence of any medical system or theory 3) in the case of conceptual differences we should find descriptions from the most commonly available cultural concept. This approach will lead to a cooperative understanding where CM and WM can work synergistically together in the field of health care. Furthermore promoting natural health concepts benefits people with increased quality of live and the health care system with prevention of disease and increased cost effectiveness.

Biography:

Alex Djukanovic has completed his MSc in Chemistry (bio-molecular sciences) from the University of Amsterdam in The Netherlands. He is also a licensed acupuncturist LAc, herbal therapist and coach. He actively promotes natural healing remedies and their benefits to people but also to the health care system in general. Having studied both science and Chinese Medicine he facilitates a synergistic approach to healthcare where regular care and CM work together. Creating opportunities, amongst others, for chronic disease and pain conditions. And this leading to increased cost effectiveness, prevention of disease and increased quality of life.

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Henry Cherng-han Lin

China Medical University, Taiwan

Radix Glycyrrhizae Inhibits high glucose induced trans-differentiation of human kidney proximal tubular cells to attenuates TGF beta 1 mediated fibrosis

Chinese herbs are widely used in food and clinical medicine. Many Chinese herbal medicines showed a promising strategy in treating diabetes and preventing diabetes associated complication. Diabetic nephropathy is one among the serious complications of diabetes, taking over 300 millions of lives each year. Radix glycyrrhizae is an herb with anti-inflammatory property and has been used for “removing toxins” from body and had shown positive results in treating diabetic nephropathy. In this study we investigate the effect of R. glycyrrhizae on diabetic nephropathy associated fibrosis effect using HK-2 human proximal kidney cell lines under high glucose challenge. Different concentrations of glucose were checked to determine the hyperglycemic stress condition in HK-2 cells and the viability of the cells were determined with MTT assay. 45 mM of high glucose caused severe reduction in the viability of HK-2 cells. The changes in the fibrosis mechanism were determined by analyzing the levels of protein involved in collagen secretion and regulation using Western blotting analysis. Further, the trans-differentiation of HK-2 cells to myofibroblasts was analyzed using immunofluorescence staining. The results show that 60 and 80 µg of R. glycyrrhizae drastically inhibited the fibrosis effects induced by diabetes. Addition of R. glycyrrhizae extract suppressed the phosphorylation of TGF β induced smad2/3 and stat3 to regulate collagen secretion. As seen from immunofluorescence staining analysis, treatment with R. glycyrrhizae extract effectively suppressed the expression of α-sma marker of myofibroblasts induced by high glucose challenge. Further analysis show that R. glycyrrhizae treatment inhibited the trans-differentiation of HK-2 cells. In conclusion, the data demonstrate that R. glycyrrhizae inhibit fibrosis in renal proximal tubular epithelial cells by suppressing the TGF- β signaling cascade.

Biography:

Henry Cherng-han Lin is an M.D. graduated from Department of Chinese Medicine, China Medical University, Taiwan. He is a PhD candidate of Graduate Institute of Chinese Medicinem China Medical University, Taiwan. He is a working Chinese medicine practioner in Taipei, Taiwan.

Next Event:
**3rd Global Webinar on Traditional and
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July 16-18, 2021

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